# **DINNERLY**



# **Upgrade with Wild Shrimp**

Shrimp Fajita Bowl



20-30min 2 Servings



#### **WHAT WE SEND**

- 5 oz jasmine rice
- · 1 green bell pepper
- 1 medium red onion
- 10 oz pkg wild caught shrimp <sup>2</sup>
- ¼ oz taco seasoning
- 2 (1 oz) pkts sour cream 7

#### WHAT YOU NEED

- kosher salt & ground pepper
- olive oil
- garlic

#### **TOOLS**

- · small saucepan
- medium skillet

#### **ALLERGENS**

Shellfish (2), Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

### **NUTRITION PER SERVING**

Calories 640kcal, Fat 19g, Carbs 75g, Protein 37g



#### 1. Cook rice

In a small saucepan, combine 1½ cups water, rice, and ½ teaspoon salt; bring to a boil over high heat. Cover, reduce heat to low, and cook until rice is tender and water is absorbed, about 17 minutes. Remove from heat and keep covered until ready to serve.



2. Prep ingredients

Finely chop 1 teaspoon garlic. Quarter pepper, discard stem and seeds, and thinly slice each quarter crosswise. Quarter onion, then thinly slice each quarter crosswise.



### 3. Season shrimp

Rinse shrimp under cold water and pat very dry. (First thaw under cool running water, if necessary.) In a medium bowl, combine shrimp, 2 teaspoons oil, 1 teaspoon taco seasoning, chopped garlic, and a pinch each of salt and pepper; toss to coat shrimp.



4. Sauté veggies

Heat 1 tablespoon oil in a medium skillet over medium-high. Add peppers, onions, and a pinch each of salt and pepper. Cook, stirring occasionally, until tender and browned in spots, 6–8 minutes. (Reduce heat to medium veggies are browning too quickly.) Stir in ¼ cup water.



5. Cook shrimp & serve

Push **veggies** to one side of skillet, then add **shrimp** to open side. Cook, stirring, until shrimp are cooked through, about 3 minutes. Toss to combine shrimp and veggies; season to taste with **salt** and **pepper**. Fluff **rice** with a fork. Serve **shrimp** and **veggies** over **rice** with **sour cream** dolloped over top. Enjoy!



6. Pile it up!

Bulk out this bowl with thinly sliced crisp romaine, spoonfuls of creamy guacamole, and/or sliced jalapenos for a kick of heat.