



New Orleans BBQ Wild Shrimp & Grits

with Cheddar & Spinach



20-30min



2 Servings

Shrimp and grits are a traditional Southern staple. We've put a new spin on the classic, topping sweet wild-caught shrimp in a fresh, bright sauce made with scallions, chopped fresh jalapeño, garlic, Worcestershire, and lemon juice. The sautéed shrimp and fragrant sauce are served over creamy cheddar cheese grits with lightly wilted baby spinach.

What we send

- 1 jalapeño chile
- garlic
- 2 scallions
- 1 lemon
- 1½ oz pkt Worcestershire sauce ⁴
- 3 oz baby spinach
- 3 oz grits
- 2 oz shredded cheddar-jack blend ⁷
- ¼ oz seafood seasoning
- 10 oz pkg wild caught shrimp ²

What you need

- sugar
- kosher salt & ground pepper
- butter ⁷

Tools

- small saucepan
- medium skillet

Allergens

Shellfish (2), Fish (4), Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 580kcal, Fat 30g, Carbs 42g, Protein 41g



1. Prep aromatics

Halve **jalapeño** lengthwise, remove stem and seeds, then finely chop 1 tablespoon.

Finely chop **1 teaspoon garlic**.

Trim **scallions**, then thinly slice, keeping dark greens separate.



2. Prep sauce

Halve **lemon** and squeeze 2 teaspoons juice into a small bowl. Stir in **2 tablespoons Worcestershire sauce** and **¼ teaspoon sugar** until sugar dissolves.

Thinly slice remaining lemon half.



3. Prep grits

Bring **2 cups water** to a boil in a small saucepan over high heat.

Coarsely chop **spinach**.



4. Make grits

Stir **grits** and a **pinch of salt** into boiling water. Reduce heat to medium and cook, stirring occasionally to prevent sticking, until grains are tender, 5-7 minutes. Stir in **cheese** and **spinach**.

Cover and let sit off the heat, until cheese is melted and spinach is wilted. Season to taste with **salt** and **pepper**.



5. Make sauce

Heat **3 tablespoons butter** in a medium skillet over medium-high. Add **scallion whites and light greens, chopped jalapeño and garlic**, and **1 teaspoon seafood seasoning**. Cook, stirring, until fragrant, about 1 minute.

Add **Worcestershire sauce mixture** and **lemon slices**, and bring to a boil.



6. Cook shrimp & serve

Pat **shrimp** dry, then add to the skillet. Simmer over medium-high, stirring occasionally, until just cooked through, 3-4 minutes.

Uncover **grits**, stir to combine, and spoon into shallow bowls. Top with **shrimp, lemon slices**, and **sauce**, and sprinkle with **scallion dark greens**. Enjoy!