

# DINNERLY



## No Chop! Cheddar Grits & Large Shrimp with Spinach



ca. 20min



2 Servings

Our geaux-to dish this fall? Buttery cheddar grits bel-eaux spiced shrimp tossed with slightly wilted spinach. The tri-eaux you didn't kn-eaux you needed. Als-eaux, we're really committed to this Louisiana theme. We've got you covered!

## WHAT WE SEND

- 3 oz grits
- ¼ oz seafood seasoning
- 5 oz baby spinach
- 2 (¾ oz) pieces cheddar <sup>7</sup>
- 10 oz pkg shrimp <sup>2</sup>

## WHAT YOU NEED

- kosher salt & ground pepper
- garlic
- olive oil
- butter <sup>7</sup>

## TOOLS

- small saucepan
- medium nonstick skillet

## ALLERGENS

Shellfish (2), Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

## NUTRITION PER SERVING

Calories 520kcal, Fat 31g, Carbs 37g, Protein 33g



### 1. Cook grits

In a small saucepan, combine **2 cups water** and **a pinch of salt**; cover and bring to a boil over high. Stir in **grits** and reduce heat to low; cook, uncovered, stirring occasionally to prevent sticking, until grains are tender, about 7 minutes. Set aside until step 5.



### 2. Prep ingredients

While **grits** cook, coarsely chop **1 teaspoon garlic**.

Finely chop or grate **cheese**, if necessary.

Rinse **shrimp**, then pat very dry. Season all over with **1½ teaspoons seafood seasoning**.



### 3. Cook shrimp

Heat **2 teaspoons oil** in a medium nonstick skillet over medium-high. Add **shrimp** and cook, stirring occasionally, until curled and almost cooked through, about 2 minutes. Add **chopped garlic** and cook, stirring, until fragrant, about 30 seconds.



### 4. Wilt spinach & make sauce

To skillet with **shrimp**, add **spinach**, **¼ cup water**, and **1 tablespoon butter**; cook, stirring, until spinach is just wilted and sauce slightly thickens, 1–2 minutes. Season to taste with **salt** and **pepper**.



### 5. Finish & serve

To saucepan with **grits**, stir in **cheese** and **2 tablespoons butter** until butter is melted; season to taste with **salt** and **pepper**.

Serve **cheddar grits** topped with **spinach and shrimp**. Enjoy!



### 6. Did you know?

In 2020, as a part of our carbon offsetting efforts, we completed an afforestation project in Uruguay, which planted 44,000 new trees to help fight climate change.