



Sesame Wild-Caught Shrimp

with Garlic Broccoli & Jasmine Rice



ca. 20min



2 Servings

You can have this dinner on your table in less time than it would take to pick up the phone, order, and wait for delivery from your local take-out. We're tossing speedy wild-caught shrimp, which cook in a hot skillet in just a few minutes, in a sweet, spicy tamari-sesame sauce and serving them over a bed of jasmine rice alongside crisp-tender broccoli.

What we send

- 5 oz jasmine rice
- garlic
- 2 scallions
- ½ lb broccoli
- 3 oz Thai sweet chili sauce
- ½ oz tamari soy sauce ⁶
- ½ oz toasted sesame oil ¹¹
- 10 oz pkg wild caught shrimp ²
- ¼ oz pkt toasted sesame seeds ¹¹

What you need

- kosher salt & ground pepper
- neutral oil

Tools

- small saucepan
- medium skillet

Allergens

Shellfish (2), Soy (6), Sesame (11).
May contain traces of other allergens.
Packaged in a facility that packages
gluten containing products.

Nutrition per serving

Calories 690kcal, Fat 21g, Carbs 93g,
Protein 38g



1. Cook rice

In a small saucepan, combine **rice, 1 ¼ cups water, and a pinch of salt**. Bring to a boil. Cover and cook over low heat until rice is tender and water is absorbed, about 17 minutes. Keep covered until ready to serve.



4. Cook broccoli

Heat **1 tablespoon oil** in a medium skillet over medium-high. Add **broccoli**; cook, stirring, until lightly charred and softened, 3-4 minutes. Stir in **half of the chopped garlic** until fragrant, 30 seconds. Add **¼ cup water**; cook until skillet is dry and broccoli is tender, 3-5 minutes. Season with **salt and pepper**. Transfer to a bowl; cover to keep warm. Wipe out skillet.



2. Prep ingredients

Finely chop **1 teaspoon garlic**. Trim **scallions**, then thinly slice, keeping dark greens separate. Trim **broccoli**, thinly slice any stems, and cut crowns into 1-inch florets.



5. Cook shrimp

Pat **shrimp** dry and season with **salt and pepper**. Heat **1 tablespoon oil** in same skillet over medium-high. Add shrimp, **scallion whites and light greens**, and **remaining chopped garlic**; cook, stirring, about 1 minute. Add **sauce** and cook until shrimp are cooked through and sauce is just thickened to coat the back of a spoon, 1-2 minutes more.



3. Make sauce

In a small bowl, stir to combine **Thai sweet chili sauce, tamari** and **1 teaspoon of the sesame oil** (save rest for own use).



6. Finish & serve

Fluff **rice** with a fork, then spoon into bowls. Top rice with **sesame shrimp and broccoli**. Sprinkle **sesame seeds** and **scallion dark greens** over top. Enjoy!