DINNERLY



Creamy Cheese Ravioli Primavera with Shrimp

Broccoli, Carrots & Peas





Eating your veggies has never been so easy. Broccoli, carrots, and peas come together effortlessly in this one-pot primavera. A nutty Parmesan cheese sauce coats pillows of tender ravioli for a little bit of decadence without the high-calorie price tag. Then we add shrimp for a protein boost. We've got you covered!

WHAT WE SEND

- 9 oz cheese ravioli 3,1,2
- · ½ lb broccoli
- 1 carrot
- 10 oz pkg shrimp ⁴
- 2½ oz peas
- ¾ oz Parmesan ¹

WHAT YOU NEED

- kosher salt & ground pepper
- olive oil
- · ¾ cup milk 1
- all-purpose flour 2
- garlic

TOOLS

- · large saucepan
- · microplane or grater
- · medium skillet

ALLERGENS

Milk (1), Wheat (2), Egg (3), Shellfish (4). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 630kcal, Fat 26g, Carbs 54g, Protein 50g



1. Cook ravioli

Bring a large saucepan of salted water to a boil over high heat. Add ravioli (if stuck together, gently pull apart only if possible without tearing). Reduce heat; simmer gently, stirring occasionally, until al dente, 3–4 minutes. Reserve ½ cup pasta water, then drain. Return pasta to saucepan off heat. Toss with 1 teaspoon oil to prevent sticking; cover to keep warm until step 3.



2. SHRIMP VARIATION

Finely chop 1 teaspoon garlic. Cut broccoli into 1-inch florets, if necessary. Scrub carrot, then thinly slice into ¼-inch rounds. Finely grate Parmesan, if necessary.

Rinse **shrimp** and pat very dry. Season with **salt** and **pepper**. Heat **2 teaspoons oil** in a medium skillet over high. Add shrimp and cook until just curled and pink, 2–3 minutes. Transfer to a plate.



3. Cook veggies

Heat 1 tablespoon oil in same skillet over medium-high. Add broccoli and carrots; cover and cook, stirring occasionally, until tender and lightly browned in spots, about 3 minutes. Stir in chopped garlic; cook until fragrant, about 30 seconds. Season to taste with salt and pepper. Transfer veggies and garlic to saucepan with ravioli. Rinse and dry skillet.



4. Prep & cook cheese sauce

In a liquid measuring cup, whisk to combine reserved pasta water, half of the Parmesan, % cup milk, and 1 tablespoon flour.

Add to same skillet over medium heat. Cook, whisking, until **sauce** is smooth and just thick enough to coat back of a spoon, about 3 minutes. Remove from heat and season to taste with **salt** and **pepper**.



5. Finish & serve

Add **shrimp**, **peas**, and **cheese sauce** to saucepan with **ravioli and veggies**. Stir until ravioli and veggies are warmed through and well coated in sauce, about 1 minute.

Serve **ravioli primavera** with **remaining Parmesan** on the side for sprinkling over top, as desired. Enjoy!



6. Crunch, crunch!

Toast up some breadcrumbs or panko, Italian style! Coat them in olive oil, season with salt and pepper, and toast in the oven until fragrant and golden-brown. Mix them with freshly chopped parsley and a few red pepper flakes for a little spice. Dust over the top of the ravioli for added textural bliss!