DINNERLY



Low-Carb Greek Shrimp

with Tomatoes, Orzo & Feta

💆 20-30min 🔌 2 Servings

This shrimp and orzo dish is so good you'll want to smash plates like you're at a Greek wedding. (But...um...you probably shouldn't do that in your house.) The real kicker is the fresh tomato sauce cooked with a blend of herbs and spices known as za'atar. It add a bright pop to break out of that pasta rut. We've got you covered!

WHAT WE SEND

- 3 oz orzo ⁴
- 2 scallions
- 1 plum tomato
- 2 oz feta ¹
- 10 oz pkg shrimp ³
- + 1/4 oz za'atar spice blend $^{\rm 2}$

WHAT YOU NEED

- garlic
- olive oil
- kosher salt & ground pepper

TOOLS

- small saucepan
- medium skillet

ALLERGENS

Milk (1), Sesame (2), Shellfish (3), Wheat (4). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 530kcal, Fat 29g, Carbs 39g, Protein 30g



1. Cook orzo

Finely chop **1 teaspoon garlic**.

Heat **1 tablespoon oil** in a small saucepan over medium-high. Add **orzo** and ½ **teaspoon of the chopped garlic**. Cook, stirring, until orzo is toasted, 2–3 minutes. Add **1¼ cups water** and **a pinch of salt**. Bring to a boil. Reduce heat to low; cover and cook, stirring occasionally, until tender, 7–9 minutes. Keep covered off heat until ready to serve.



2. Prep ingredients

Trim ends from **scallions**, then thinly slice.

Core **tomato**, then finely chop.

Crumble feta.



3. Cook shrimp

Rinse **shrimp** and pat very dry.

Heat **1 tablespoon oil** in a medium skillet over medium-high. Add shrimp and **2 teaspoons za'atar spice**; cook, stirring occasionally, until cooked through, 2–3 minutes. Transfer to a bowl.



4. Make sauce & add shrimp

Heat **1 tablespoon oil** in same skillet over medium-high. Add **tomatoes**, **remaining chopped garlic**, and **half of the scallions**; cook, stirring, until fragrant, about 30 seconds.

Add **shrimp** and ¼ **cup water**; cook, stirring, until warmed through, about 30 seconds. Off heat, stir in **half of the feta** ; season to taste with **salt** and **pepper**.



5. Serve

Serve shrimp and tomatoes over orzo with remaining feta and scallions sprinkled over top. Enjoy!



6. Cheers!

The Mediterranean flavors of this dish are best enjoyed with fresh, youthful wines. Try a sauvignon blanc or a Greek rosé. For beer lovers, go for a pilsner.