

MARLEY SPOON



Grilled Chicken Cheeseburger

with Fresh Corn & Charred Poblano Salad

 20-30min  2 Servings

We love a classic chicken cheeseburger, but the real stars of this meal are the vegetables! Corn, onion, and poblano pepper char on a grill to bring out a smoky depth of flavor. Once cooled, we chop them up to create a delightfully crunchy salad as healthy as it is delicious. The mild heat of the poblano balances perfectly with the sweetness of the corn and bite of the onions. No grill? Refer to cooking tip.

What we send

- 1 red onion
- 2 ears of corn
- 1 poblano pepper
- 10 oz pkg ground chicken
- ¼ oz fresh cilantro
- 1 lime
- 2 oz shredded cheddar-jack blend ¹
- 2 potato buns ^{1,2,3}

What you need

- neutral oil
- kosher salt & pepper

Tools

- grill or grill pan

Cooking tip

Preheat broiler; broil veggies on baking sheet until lightly charred, 5-10 minutes. Cook burgers in oiled skillet over medium, 4-5 minutes. Flip, add cheese; cover until cooked through.

Allergens

Milk (1), Sesame (2), Wheat (3). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 580kcal, Fat 23g, Carbs 49g, Protein 48g



1. Prep ingredients

Heat a grill or grill pan to medium.

Slice **half of the onion** (save rest for own use) into ¼-inch thick rounds, keeping rings intact.



2. Grill vegetables

Brush **onions, corn, and poblano** with **oil**. Grill onions over medium heat, turning occasionally, until tender and lightly charred, 6-8 minutes.

Grill poblano and corn (or place directly over a gas flame), and cook, turning frequently, until charred in spots, 4-6 minutes. Wrap poblano in a paper towel and let cool.



3. CHICKEN BURGER VARIATION

Divide **chicken** and form into 2 (4-inch) patties. Make an indentation in the center of each to keep burgers flat while grilling. Season generously with **salt** and **pepper**.



4. Prep salad

Coarsely chop **cilantro leaves and stems** together. Unwrap **poblano** and wipe away charred skin. Halve poblano, remove stem and seeds, and finely chop.

Coarsely chop **grilled onions**. Cut **kernels** from corn. Halve **lime** and squeeze half into a medium bowl; cut remaining half into wedges.



5. Finish salad

Into bowl with **lime juice**, whisk in **1 tablespoon oil**. Season to taste with **salt** and **pepper**.

Add **cilantro leaves and stems, corn, and chopped grilled onions and poblanos** to bowl, tossing to coat.



6. Grill burgers

Grill **chicken burgers** over medium heat until lightly charred on one side, about 4 minutes. Flip, top each with **cheddar**, and grill, covered, until cheese is melted and burgers are cooked through, 4-5 minutes more. Split **buns** and grill, cut sides down, until toasted, 1 minute. Serve **burgers** on **toasted buns** with **salad** alongside and **lime wedges** for squeezing. Enjoy!