



Saucy Cajun Pork Chops

with Cheesy Grits & Sautéed Kale



30min



2 Servings

These boneless pork chops are juicy enough that they don't need to be smothered in a creamy onion gravy but that didn't stop us from doing it anyway. We sprinkle Cajun seasoning on the chops and a little into the gravy, too, for that extra kick. Cheesy grits on the side provide even more Southern comfort.

What we send

- 1 medium yellow onion
- garlic (use 1 large clove)
- ¾ oz piece fontina ⁷
- 1 bunch Tuscan kale
- 3 oz grits
- 1 pkg boneless pork chops
- Cajun seasoning (use 1¾ tsp)
- 1 pkt chicken broth concentrate
- 1 pkt sour cream ⁷

What you need

- kosher salt & pepper
- olive oil
- apple cider vinegar (or white wine vinegar)
- butter ⁷
- all-purpose flour ¹

Tools

- small saucepan
- medium skillet

Allergens

Wheat (1), Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 880kcal, Fat 52g, Carbs 56g, Protein 46g



1. Prep ingredients

In a small saucepan, bring **2 cups water** and **½ teaspoon salt** to a boil. Cover and keep warm over low heat. Halve, peel, and thinly slice **all of the onion** crosswise. Peel and finely chop **1 teaspoon garlic**. Finely chop **fontina**. Strip **kale leaves** from stems; discard stems. Roll leaves up like a cigar, than thinly slice crosswise.



4. Brown pork chops

Pat **pork chops** dry, then sprinkle with **1½ teaspoons of the Cajun seasoning**. Season with **salt** and **pepper**. Heat **1 tablespoon oil** in same skillet over medium-high. Transfer pork chops to skillet. Cook until browned on both sides, about 3 minutes per side. Transfer to a plate.



2. Sauté kale

Heat **1 tablespoon oil** in a medium skillet over medium. Add **kale** and **garlic** to skillet and cook, stirring, until kale is just tender, 2-3 minutes. Stir in **½ teaspoon vinegar** and season with **salt** and **pepper**. Transfer to a medium bowl. Cover to keep warm. Wipe out skillet and return to stovetop.



5. Make gravy

Heat **1 tablespoon oil** in same skillet over medium. Add **onions**; cook, stirring, until softened, 5-6 minutes. Sprinkle in **1 tablespoon flour** and cook, stirring, about 1 minute. Stir in **broth concentrate** and **½ cup water**. Bring to a boil. Reduce heat to medium-low. Return **pork chops** and **any juices** to skillet. Cook, turning chops occasionally, until chops are warm, 2-3 minutes.



3. Cook grits

Bring water in saucepan back to a boil. Add **grits** in a steady stream, stirring constantly. Cover and cook over medium-low heat, stirring occasionally, until tender and thickened, 4-5 minutes. Remove from heat, then stir in **fontina** and **1 tablespoon butter**. Season to taste with **salt** and **pepper**. Cover to keep warm.



6. Finish & serve

To skillet with gravy, stir in **sour cream** and **¼ teaspoon of the Cajun seasoning**, thinning with 1 tablespoon water at a time, to reach desired consistency. Season to taste with **salt** and **pepper**. Spoon **gravy** over **Cajun pork chops** and serve with **cheesy grits** and **sautéed kale** alongside. Enjoy!