



## French Onion Chicken Breast

with Fontina Cheese & Garlic Bread



30-40min



2 Servings

For this one skillet dinner, pan-roasted chicken is smothered with a deeply flavorful caramelized onion sauce, and topped with melted fontina cheese—channeling all of the qualities of French onion soup. For a saucy dish like this, toasty garlic bread is a necessity! It's the perfect side for soaking up the soup(er) sauce.



## What we send

- 1 medium yellow onion
- garlic (use 2 large cloves)
- 3 (¾ oz) pieces fontina <sup>7</sup>
- 2 mini French rolls <sup>1</sup>
- ¼ oz fresh thyme
- 12 oz pkg boneless, skinless chicken breasts
- 1 pkt chicken broth concentrate
- 1 pkt Dijon mustard (use 1½ tsp) <sup>17</sup>
- 3 oz baby spinach

## What you need

- butter <sup>7</sup>
- olive oil
- sugar
- kosher salt & pepper
- apple cider vinegar (or red wine vinegar)

## Tools

- medium ovenproof skillet

Read through the whole recipe before you start. Rinse and dry all produce before using. Weights may vary slightly.

For recipes containing garlic, you'll find one head of garlic in your box.

We recommend you use coarse kosher salt stored in a container that allows you to grab it with your fingertips, or scoop with measuring spoon.

### Allergens

Wheat (1), Milk (7), Sulphites (17). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

### Nutrition per serving

Calories 720kcal, Fat 41g, Carbs 33g, Proteins 50g



### 1. Caramelize onions

Thinly slice **onion**. Heat **1 tablespoon each of butter and oil** in a medium ovenproof skillet over medium-high. Add **sliced onions, 1 teaspoon sugar**, and **a pinch each of salt and pepper**. Cook, stirring, until well browned, adding **1 tablespoon water** at a time to scrape up browned bits, 12-15 minutes. Transfer to a bowl. Wipe out skillet and and reserve for step 3.



### 4. Make sauce

Add **1 teaspoon oil** and **sliced garlic** to same skillet. Cook, stirring, until garlic is lightly golden, about 30 seconds. Add **½ cup water, chopped thyme**, and **broth concentrate**. Bring to a simmer. Cook, scraping up any browned bits, until **sauce** is slightly thickened, 1-2 minutes. Return **chicken** to skillet and top with **caramelized onions** and **sliced fontina**.



### 2. Prep ingredients

While **onions** caramelize, thinly slice **1 large garlic clove**, leaving second clove whole. Thinly slice **all of the fontina**. Halve **rolls**, drizzle cut sides with **oil**, then sprinkle with **salt** and **pepper**. Pick and finely chop **2 teaspoons thyme leaves**, discarding stems.



### 5. Broil chicken & bread

Transfer skillet to top oven rack and broil until **cheese** is melted and golden brown, 2-4 minutes (watch closely as broilers may vary). Carefully remove skillet from oven. Broil **rolls** directly on top oven rack until golden brown and toasted, 1-2 minutes per side (watch closely). Remove rolls from oven and rub cut sides with **whole garlic clove**.



### 3. Cook chicken

Preheat broiler with top rack 6 inches from heat source. Pat **chicken** dry and pound to an even ½-inch thickness, if desired. Season all over with **salt** and **pepper**. Heat **2 teaspoons oil** in reserved skillet over medium-high. Add chicken and cook, until well browned and just cooked through, 3-4 minutes per side. Transfer chicken to a plate.



### 6. Make salad & serve

In a medium bowl, whisk to combine **1½ teaspoons mustard, 2 tablespoons oil, 1 tablespoon vinegar**, and **a pinch of sugar**. Season to taste with **salt** and **pepper**. Add **spinach** to the bowl, and toss to coat. Serve **chicken** with **salad** and **garlic bread** alongside. Enjoy!