



Easy Beef Pastitsio

with Spinach Salad & Kalamata Dressing



30-40min



2 Servings

The Greek dish known as pastitsio combines grass-fed ground beef, pasta, and a luscious béchamel sauce—all baked together to a golden finish. Our super easy version comes together in about 30 minutes, and thanks to a warming blend of spices, it develops an incredible depth of flavor. One the side, we serve a tender baby spinach salad tossed in briny Kalamata olive dressing.

What we send

- 1 medium yellow onion
- garlic
- 2 oz fontina ⁷
- 4 oz elbow macaroni ¹
- 10 oz grass-fed ground beef
- ¼ oz garam masala (use 1½ tsp)
- tomato paste (use 3 Tbsp)
- 1 oz Kalamata olives
- 3 oz baby spinach

What you need

- kosher salt & pepper
- neutral oil
- butter ⁷
- ¼ c all-purpose flour ¹
- 1¼ c milk ⁷
- 1 large egg ³
- red wine vinegar (or white wine vinegar)

Tools

- medium saucepan
- medium ovenproof skillet

Allergens

Wheat (1), Egg (3), Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 1180kcal, Fat 74g, Carbs 80g, Proteins 53g



1. Prep ingredients

Preheat oven to 450°F with a rack in the upper third. Bring a medium saucepan of **salted water** to a boil. Finely chop **onion**. Finely chop **1 teaspoon garlic**. Coarsely grate or chop **fontina**, if necessary.



4. Make cheese sauce

Melt **2 tablespoons butter** in reserved saucepan over medium heat. Sprinkle **¼ cup flour** into saucepan and cook, whisking, 1 minute. Whisk in **1¼ cups milk** and cook, whisking constantly, until sauce is smooth and very thick, about 2 minutes. Off the heat, add **cheese**, stirring until melted. Season to taste with **salt** and **pepper**. Stir in **pasta** and **1 large egg**.



2. Cook pasta & onions

Add **pasta** to boiling water and cook until al dente, 8-9 minutes. Reserve **½ cup cooking water**, then drain pasta. Reserve saucepan for step 4. Meanwhile, heat **1 tablespoon oil** in a medium ovenproof skillet over medium-high. Add **all but 1 tablespoon of the onions** and cook, stirring, until softened, 2-3 minutes.



5. Bake pastitsio

Spoon **pasta and sauce** over **beef filling** in an even layer. Bake on upper rack until bubbling and just beginning to brown, about 10 minutes. Switch oven to broil.



3. Cook beef filling


Add **beef** and **chopped garlic** to skillet; cook, breaking meat into smaller pieces, until cooked through and fragrant, 6-8 minutes. Spoon off as much fat as possible. Add **1½ teaspoons garam masala** and **3 tablespoons tomato paste**; cook for 1 minute. Stir in **reserved cooking water**; season with **salt** and **pepper**. Cook until liquid is nearly evaporated, about 5 minutes.



6. Make salad & serve

Coarsely chop **olives**, removing any pits if necessary. Transfer to a medium bowl with **remaining onions**. Add **1 tablespoon each of oil and vinegar** and season with **salt** and **pepper**. Add **spinach** and toss to combine. Broil **pastitsio** on top oven rack until golden, 1-2 minutes (watch closely as broilers vary). Serve **pastitsio** with **salad** alongside. Enjoy!

Questions about the recipe? Cooking hotline: **866-228-4513** (Mon - Fri 9AM-9PM)

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