



Overnight Peaches & Cream Chia Pudding

with Homemade Almond Granola



under 20min



2 Servings

Chia seeds are one of our favorite superfoods! They're an excellent source of fiber and antioxidants, and when added to liquid, they magically expand to create a pudding that pairs with your favorite fruits and nuts. Here we make a homemade granola of oats and almonds tossed with maple syrup and a touch of warming Chinese five spice. Sliced marinated peaches are the perfect finishing touch!

What we send

- 8 oz milk ⁷
- 1.15 oz almond butter ¹⁵
- 2 (1 oz) maple syrup
- 3 oz oats
- 4 (¼ oz) chia seeds
- ¼ oz Chinese five spice
- 1 oz sliced almonds ¹⁵
- 2 peaches

What you need

- kosher salt
- butter ⁷

Tools

- microwave
- rimmed baking sheet

Allergens

Milk (7), Tree Nuts (15). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 680kcal, Fat 34g, Carbs 79g, Protein 20g



1. Make liquid

In a large bowl, whisk to combine **milk**, **almond butter**, **½ cup water**, **1 maple syrup packet**, and **a pinch of salt**.

Reserve **¼ cup oats** for **granola**.



2. Make pudding

Add **all of the chia seeds** and **remaining oats** to **liquid mixture**; stir to combine.

Cover with plastic wrap and refrigerate overnight.



3. Prep granola

Preheat oven to 350° F with a rack in the center.

In a medium bowl, heat **1 tablespoon butter** in microwave until melted. Add **1 tablespoon of the remaining maple syrup**, **¼ teaspoon Chinese five spice**, and **a pinch of salt**. Stir to combine.



4. Bake granola

To bowl with **butter mixture**, add **reserved oats** and **all of the almonds**. Stir until evenly coated.

Spread **granola** into an even layer on rimmed baking sheet and bake until browned and crisp, about 15 minutes. Let cool on sheet tray until brittle.



5. Marinate peaches

Meanwhile, halve **peaches**, remove pits, and cut into ½-inch pieces.

Transfer to a large bowl and stir in **remaining maple syrup** and **a pinch of salt**. Let sit until ready to assemble.



6. Assemble & serve

Spoon **chia pudding** in bowls. Layer **peaches** on top and garnish with a **sprinkling of granola** and **a dusting of Chinese five spice**. Enjoy!