

KATE FIXED PANTRY TEST RECIPE- MS

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2 Servings

What we send

- 10 oz pkg grass-fed ground beef
- ½ lb broccoli
- ¾ oz Parmesan ⁷
- 12 oz pkg boneless, skinless chicken breasts
- ¼ oz fresh cilantro
- 10 oz pkg salmon fillets ⁴
- garlic
- 1 lb green beans
- ½ lb green beans
- 1 lemon
- 1 lime
- ½ lb russet potatoes
- 10 oz jasmine rice
- 5 oz jasmine rice
- 1 oz sour cream ⁷
- ¼ oz taco seasoning
- 3 oz baby spinach
- 5 oz baby spinach
- 1 plum tomato
- 12 (6-inch) flour tortillas ^{1,6}
- 6 (6-inch) flour tortillas ^{1,6}
- 2 potato buns ¹
- 2 oz shredded cheddar-jack blend ⁷
- ½ oz fresh cilantro
- 5 oz corn
- 1 oz fresh ginger
- 2 oz mayonnaise ^{3,6}
- ½ oz tamari ⁶
- 2 scallions
- 10 oz pkg shrimp ²
- 2 oz panko ¹
- 2 carrots
- .35 oz Dijon mustard ¹⁷
- 1 red onion
- 1 yellow onion
- ¼ oz fresh parsley
- 2 oz tamari soy sauce ⁶
- 10 oz pkg sirloin steaks
- 1 bell pepper

1.

4.

2.

5.

3.

6.