MARLEY SPOON



Fast! Crispy Meatless Chik'n

with Snap Pea-Radish Salad & Dill Aioli



under 20min 2 Servings



This fast vegetarian meal has a lot going for it-tender and crispy plant-based chik'n, a fresh and crunchy side salad, and a bright dill aioli that tastes great on everything. The chik'n needs only a few minutes to brown in a hot skillet while we toss the salad with a tangy lemon vinaigrette, and before you know itdinner is ready!

What we send

- 1 romaine heart
- 4 oz snap peas
- 2 oz red radishes
- 1 oz walnuts 1
- 1/4 oz fresh dill
- 7 oz pkg plant-based chik'n cutlet²
- 1 lemon
- 1 pkt Dijon mustard
- 1 oz mayonnaise 3,4

What you need

- olive oil
- sugar
- kosher salt & ground pepper

Tools

- medium skillet
- microplane or grater

Allergens

Tree Nuts (1), Wheat (2), Egg (3), Soy (4). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 850kcal, Fat 70g, Carbs 35g, Protein 22g



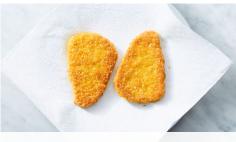
1. Prep salad

Thinly slice **romaine**. Thinly slice **snap peas**. Thinly slice **radishes**. Coarsely chop **walnuts**. Pick **dill fronds** from stems; discard stems and finely chop fronds.



2. Toast walnuts

Heat **1 teaspoon oil** in a medium skillet over medium. Add **walnuts** and cook, stirring, until fragrant and toasted, 1-3 minutes. Transfer to a bowl.



3. Cook chik'n

Heat **2 tablespoons oil** in same medium skillet over medium high until shimmering. Add **chik'n cutlets** and cook until golden brown and warmed through, 2–3 minutes per side. Transfer cutlets to a paper towel-lined plate.



4. Make aioli & vinaigrette

Into a small bowl, finely grate ½ teaspoon lemon zest. Into a medium bowl, squeeze 1 tablespoon lemon juice.

To bowl with lemon zest, stir in mayo, half of the dill, and 2 teaspoons water; season to taste with salt and pepper.

To bowl with lemon juice, whisk in **Dijon** mustard, 3 tablespoons oil, and a pinch of sugar; season to taste with salt and pepper.



5. Assemble

Add **romaine**, **snap peas**, and **radishes** to bowl with **vinaigrette**; toss to coat.

Plate **chik'n** and top with **dill aioli**. Serve alongside **salad** and garnish with **walnuts** and **remaining dill**.



Enjoy!