



## Stir-fried Tofu Congee

with Spinach, Crisp Shallots & Ginger



30min



2 Servings

Congee, a traditional Chinese rice porridge, is the perfect example of comfort in a bowl. The dish is usually served as a hearty, nutritious breakfast. We love congee as a savory breakfast-for-dinner option, and top ours with stir-fried tofu, tender baby spinach, crispy shallots and ginger, and a drizzle of sesame oil.



## What we send

- 5 oz jasmine rice
- 1 oz fresh ginger
- 1 pkg extra-firm tofu (use half) <sup>6</sup>
- 1 oz scallions
- 1 shallot
- 2 (½ oz) tamari in fish-shaped pods <sup>6</sup>
- 3 oz baby spinach
- ½ oz toasted sesame oil <sup>11</sup>
- 1 pkt crushed red pepper

## What you need

- coarse kosher salt
- apple cider vinegar (or red wine vinegar)
- sugar
- neutral oil, such as vegetable

## Tools

- fine-mesh sieve
- medium pot
- medium nonstick skillet

## Allergens

Soy (6), Sesame (11). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

## Nutrition per serving

Calories 740kcal, Fat 43g, Carbs 70g, Protein 20g



### 1. Prep rice & ginger

Rinse **rice** in a fine-mesh sieve until water runs clear. Peel and thinly slice **ginger**, then stack slices and cut into fine matchsticks. In a medium pot, combine rice, half of the ginger, **6 cups water**, and **1 teaspoon salt**; cover and bring to a boil over high heat.



### 4. Make toppings

While **rice** cooks, heat **1 teaspoon neutral oil** in a medium nonstick skillet over medium-high. Add **spinach** and a **pinch of salt**. Cook until wilted. Transfer to a plate and wipe out skillet. Add **¼ cup oil** to skillet, and heat until shimmering. Add **shallots** and **remaining ginger**. Cook, stirring occasionally, until golden and crisp, 5-6 minutes.



### 2. Cook rice

Once boiling, uncover **rice**, and reduce heat to medium-high. Cook, stirring frequently, until rice is porridge-like and breaking apart, 20-25 minutes. Season to taste with **salt**. Cover to keep warm.



### 5. Stir-fry tofu

Use a slotted spoon to transfer to a small bowl, leaving **oil** in the pan. Add **1 teaspoon sesame oil** and **tofu** to skillet and cook, stirring to break into small pieces that resemble ground meat, until browned, 7-9 minutes. Add **scallions**, then **tamari mixture** and cook until tofu is glazed, about 3 minutes.



### 3. Prep ingredients

Meanwhile, cut **half of the tofu** into ½-inch slices and pat dry (save rest for own use). Trim **scallions**, then thinly slice. Peel and thinly slice **shallot**, separating into rings. In a small bowl, stir to combine **all of the tamari**, **1 teaspoon vinegar**, and **1 teaspoon sugar** until sugar is dissolved.



### 6. Assemble & serve

Spoon **congee** into bowls and top with **spinach**, **tofu**, **fried shallots and ginger**, **remaining sesame oil**, and a **sprinkle of pepper flakes**, if desired. Enjoy!