

DINNERLY



Low-Carb Veggie Supreme Zucchini Pizza Boats

with Parm & Mozzarella



30min



2 Servings

A veggie supreme is a classic for a reason. Melty cheese, lots of fresh veggies, and sweet marinara sauce come together to form the perfect slice. But sometimes we want the pizza without the added carbs, which is why we're swapping the dough for these zucchini boats. We've got you covered!

WHAT WE SEND

- 3 zucchini
- ¼ oz Tuscan spice blend
- ½ lb broccoli
- ¾ oz Parmesan ⁷
- 3¾ oz mozzarella ⁷
- 2 oz roasted red peppers
- ½ lb marinara sauce

WHAT YOU NEED

- kosher salt & ground pepper
- olive oil

TOOLS

- 9x13-inch baking dish
- microplane or grater

ALLERGENS

Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 400kcal, Fat 15g, Carbs 37g, Protein 24g



1. Prep zucchini boats

Preheat broiler with a rack in the center. Lightly oil a 9x13-inch baking dish.

Halve **zucchini** lengthwise. Use a spoon to scoop out centers, leaving a ¼-inch edge all around (reserve zucchini flesh). Arrange in prepared baking dish in a single layer, cut side-up. Brush with **oil** and season with **half of the Tuscan spice, salt**, and **pepper**.



4. Add cheese & serve

Sprinkle **mozzarella** over **zucchini boats**. Return to center oven rack and broil until cheese is melted, about 3 minutes.

Serve **zucchini pizza boats** with **Parmesan** for sprinkling over top. Enjoy!



2. Cook boats & prep filling

Broil **zucchini** on center oven rack until softened and browned in spots, about 15 minutes (watch closely as broilers vary).

Meanwhile, cut **broccoli** into ½-inch pieces, if necessary. Coarsely chop **reserved zucchini flesh**. In a medium bowl, combine **broccoli, zucchini flesh, marinara, peppers**, and **remaining Tuscan spice**. Season to taste with **salt** and **pepper**.



5. ...

What were you expecting, more steps?



3. Cook filling, prep cheese

Add **broccoli mixture** to **zucchini boats**. Return to center oven rack and broil until broccoli is softened, about 10 minutes.

Meanwhile, grate **Parmesan**. Tear or cut **mozzarella** into ½-inch pieces.



6. ...

You're not gonna find them here! Kick back, relax, and enjoy your Dinnerly!