

DINNERLY



No Chop! Plant Chicken & Pesto Pasta with Peas



ca. 20min



2 Servings

Dinner needs to be on the table ASAP. Do you A) Order take-out for the umpteenth time? Or B) Make this plant-based chicken and pesto pasta? Personally, we'd choose B. This dish requires absolutely no prepwork—just cook the pasta and peas, broil the plant chicken, and assemble the sauce. So put your knife away and enjoy your Dinnerly without the stress or mess! We've got you covered!

WHAT WE SEND

- 6 oz gemelli ¹
- 2½ oz peas
- 4 oz basil pesto ⁷
- 8 oz pkg plant-based chicken ⁶

WHAT YOU NEED

- kosher salt & ground pepper
- olive oil
- butter ⁷

TOOLS

- medium pot
- rimmed baking sheet

ALLERGENS

Wheat (1), Soy (6), Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 820kcal, Fat 43g, Carbs 75g, Protein 39g



1. Prep equipment

Preheat broiler with a rack in the top position. Bring a medium pot of **salted water** to a boil.



2. Cook pasta & peas

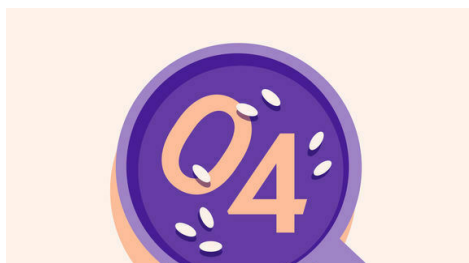
Add **pasta** to pot with boiling **salted water**; cook over high heat, stirring often to prevent sticking, 11 minutes.

Add **peas** and cook until peas are tender and pasta is al dente, about 1 minute more. Reserve ¼ **cup pasta water** and drain. Reserve pot for step 4.



3. CHICKEN VARIATION

While **pasta** cooks, transfer **plant-based chicken** to a rimmed baking sheet and toss with 1 **tablespoon oil** and a **pinch each of salt and pepper**. Spread into a single layer and broil on top oven rack until browned and heated through, 3–5 minutes.



4. Finish pasta & serve

Add **pasta, peas, and plant-based chicken** to reserved pot off heat. Add **pesto** and 2 **tablespoons butter**; stir until creamy (if pasta seems dry, add 1 **tablespoon reserved pasta water** at a time, as needed).

Season **plant-based chicken and pesto pasta** to taste with **salt and pepper** and serve. Enjoy!



5. ...

What were you expecting, more steps?



6. ...

You're not gonna find them here! Kick back, relax, and enjoy your Dinnerly!