



Fast! BBQ Plant-Based Ground Sloppy Joe

with Wedge Salad & Pickles



under 20min



2 Servings

We love barbecue but don't always have the time to grill for that smoky flavor. Speed up the process with plant-based ground for a quick and easy take on a favorite summertime classic, no matter the season. We smother plant-based ground with barbecue sauce on the stovetop before sandwiching between two toasted buns and serving with a crisp wedge salad tossed in Dijon-mayonnaise dressing.

What we send

- 3¼ oz dill pickles
- ¼ oz fresh dill
- 1 romaine heart
- 1 yellow onion
- 1 pkt Dijon mustard ¹⁷
- 1 oz mayonnaise ^{3,6}
- ½ lb pkg Impossible patties ⁶
- 4 oz barbecue sauce
- 2 brioche buns ^{1,3,7}

What you need

- kosher salt & ground pepper
- neutral oil

Tools

- medium skillet

Allergens

Wheat (1), Egg (3), Soy (6), Milk (7), Sulphites (17). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 710kcal, Fat 33g, Carbs 75g, Protein 28g



1. Prep ingredients

Finely chop **half of the pickles**.

Finely chop **dill fronds and stems**.

Trim stem end from **romaine**, then halve crosswise; halve each piece lengthwise, keeping wedges intact.

Thinly slice **onion** into rings.



4. Toast buns

Spread **butter** over **buns**, if desired. Broil directly on top oven rack until lightly browned, about 1-2 minutes (watch closely as broilers vary).



2. Make dijonnaise dressing

In a small bowl, stir to combine **Dijon, mayonnaise, dill**, and **2 teaspoons water**. Season to taste with **salt** and **pepper**.



5. Finish

Top **buns** with **plant-based ground** and **a few onion slices**. Drizzle **romaine** with **dijonnaise** and top with **chopped pickles**.

Serve **BBQ plant-based sloppy joe** with **romaine salad** and **remaining pickles** alongside, if desired.



3. Cook plant-based ground

Preheat broiler with a rack in the top position.

In a medium skillet, heat **2 teaspoons oil** over medium-high. Add **Impossible patties**; cook, breaking up into large pieces, until browned and heated through, 3-4 minutes. Add **barbecue sauce**; bring to a simmer and cook, stirring occasionally, 1-2 minutes. Season to taste with **salt** and **pepper**.



6. Serve

Enjoy!