

DINNERLY



Pan-Fried Gnocchi with Plant-Based Chicken

Lemon, Mascarpone & Spinach



20-30min



2 Servings

Gnocchi and mascarpone are both kind of hard to say, but we assure you, they're easy to eat! We flipped the script with these gnocchi by browning them in the pan rather than boiling them in water. They're coated in a creamy, dreamy, lemony mascarpone sauce, then topped with Parmesan. And we throw in plant-based chicken and tender spinach to keep those muscles working. We've got you covered!

WHAT WE SEND

- 1 lemon
- 3 oz mascarpone ⁷
- $\frac{3}{4}$ oz Parmesan ⁷
- $\frac{1}{2}$ lb pkg plant-based chicken ⁶
- 17.6 oz gnocchi ^{1,17}
- 3 oz baby spinach

WHAT YOU NEED

- garlic
- kosher salt & ground pepper
- olive oil

TOOLS

- microplane or grater
- large nonstick skillet

ALLERGENS

Wheat (1), Soy (6), Milk (7), Sulphites (17). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 980kcal, Fat 53g, Carbs 91g, Protein 43g



1. Prep sauce & cheese

Into a medium bowl, finely grate $\frac{1}{2}$ **teaspoon lemon zest** and $\frac{1}{2}$ **teaspoon garlic**. Squeeze in **1 teaspoon lemon juice**. Whisk in **all of the mascarpone**, $\frac{1}{3}$ **cup water**, and **a pinch each of salt and pepper** until combined. Set aside until step 4.

Finely grate **Parmesan**, if necessary.

Use your fingers or two forks to break up **plant-based chicken** into bite-sized pieces.



2. PLANT CHICKEN VARIATION

Heat **1 tablespoon oil** in a large nonstick skillet over medium-high. Add **plant-based chicken** in a single layer and cook, undisturbed, until golden 2–3 minutes. Stir and cook until warmed through, 1 minute more. Transfer to a plate. Wipe out skillet.



3. Pan-fry gnocchi

Heat **3 tablespoons oil** in same skillet over medium-high. Gently break apart any **gnocchi** stuck together, then add to skillet in an even layer (be careful, as oil may splatter). Cook, without stirring, until well browned and crisp on the bottom, 4–5 minutes. Add **spinach** to skillet with **gnocchi**; cook, stirring, until just wilted, about 1 minute.



4. Add sauce & cheese

Reduce heat to low and stir in **mascarpone sauce** and **plant-based chicken**, tossing to coat **gnocchi**. Add **half of the grated Parmesan** in large pinches to avoid clumping. If sauce seems too thick, stir in **1 tablespoon water** at a time, as needed. Season to taste with **salt** and **pepper**.



5. Serve

Serve **pan-fried gnocchi with plant-based chicken** topped with **remaining Parmesan**. Enjoy!



6. Let kids pitch in!

Get your young master chefs involved in making the mascarpone sauce in step 1.