# MARLEY SPOON



# **Meat-Free Dan Dan Noodles**

with Spinach



Incorporating plant-based meals into your weekly routine doesn't have to be complicated. We make it easy with quick-to-prepare meat-free meals brimming with flavor. We channel the flavors of dan dan noodles, a spicy Sichuan-style dish. Usually, the noodles are tossed with ground pork. Here we opt for our protein-packed plant-based ground seasoned with spicy crushed red pepper, 80 garlic and coated in creamy tahini-tamari sauce.

#### What we send

- 2 (2½ oz) ramen noodles 1
- 1 oz salted peanuts <sup>2</sup>
- 2 scallions
- 1 oz tahini <sup>3</sup>
- 2 oz tamari soy sauce 4
- 1 pkt crushed red pepper
- ½ lb pkg Impossible patties 4
- 5 oz baby spinach

## What you need

- garlic
- kosher salt & ground pepper
- sugar
- white wine vinegar (or red wine vinegar)
- neutral oil

#### **Tools**

- large saucepan
- · medium nonstick skillet

#### **Allergens**

Wheat (1), Peanuts (2), Sesame (3), Soy (4). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **Nutrition per serving**

Calories 910kcal, Fat 48g, Carbs 84g, Protein 34g



#### 1. Cook noodles

Bring a large saucepan of **salted water** to a boil. Add **noodles** and cook, stirring frequently to prevent from sticking, until al dente, 3-4 minutes. Drain, rinse under cold water, and set aside until step 6.



# 2. Prep ingredients

Coarsely chop **peanuts**.

Trim **scallions**, then thinly slice, keeping dark greens separate.

Finely chop 1 teaspoon garlic.



## 3. Prep tahini-tamari sauce

In a liquid measuring cup, whisk to combine all of the tahini and tamari with ¼ cup hot tap water and 2 tablespoons each of sugar and vinegar (tahini might not dissolve completely, it's OK!). Season to taste with salt and pepper.



#### 4. Sauté aromatics

Heat **2 tablespoons oil** in a medium nonstick skillet over medium-high. Add **garlic, sliced scallion whites and greens**, and **crushed red pepper**; cook, stirring, until fragrant, about 1 minute.

Transfer aromatics and any remaining oil to cup with **tahini-tamari sauce** and stir to combine; set aside until step 6.



5. Brown plant-based ground

Heat **1 tablespoon oil** in same skillet over medium-high. Add **Impossible patties** and cook, breaking up large pieces and stirring occasionally, until browned in spots, 4–5 minutes.



6. Finish & serve

Stir tahini-tamari sauce into skillet with plant-based ground. Cook until tahini is melted, 1 minute. Add spinach and noodles; cook, tossing, until spinach is wilted and noodles are coated in sauce, 1-2 minutes. Season with salt and pepper.

Serve noodles, spinach, and plantbased ground in bowls. Top with sliced scallion dark greens and peanuts. Enjoy!