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# **Vegan Mushroom & Veggie Ground Tacos**

with Guacamole & Cashew Lime Crema



40min 2 Servings

Taco night and vegan night can now be one nutritiously delicious night! This recipe has a couple tricks up its sleeve to deliver big flavor, like a savory tacospiced mushroom onion, and Actual Veggies® black burger filling that won't have you missing meat. But the real star of the show is the "crema"-soaked cashews blend together with lime, onion, and cilantro, and transform into this dairy-free creamy concoction.

#### What we send

- 2 (1 oz) salted cashews 15
- 6 (6-inch) corn tortillas
- 1 bell pepper
- ½ lb mushrooms
- 2 oz shijtake mushrooms.
- 1 yellow onion
- 1 lime
- ¼ oz fresh cilantro
- Actual Veggies® black burger
- ¼ oz taco seasoning
- · 2 oz quacamole

### What you need

- 5 Tbsp neutral oil
- distilled white vinegar (or vinegar of your choice)
- sugar
- kosher salt & ground pepper

#### Tools

- medium nonstick skillet
- microplane or grater
- blender

#### **Allergens**

Tree Nuts (15). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **Nutrition per serving**

Calories 980kcal, Fat 53g, Carbs 118g, Protein 24g



#### 1. Warm tortillas

In a small bowl, combine cashews and 1/4 cup water; set aside to soften.

Heat a medium nonstick skillet over high. Add 1 tortilla at a time and toast until warm and lightly golden, about 30 seconds per side. Wrap in a clean kitchen towel or foil as you go to keep warm (or wrap tortillas in foil and place in a 350°F oven until warmed through, 10-15 minutes). Reserve skillet for step 4.



# 2. Prep ingredients

Halve bell pepper, discard stem and seeds, then cut into ½-inch pieces. Thinly slice all of the mushrooms. Halve and thinly slice onion; coarsely chop 2 teaspoons of the sliced onions.

Zest half of the lime, then cut into 8 wedges. Pick cilantro leaves from stems; coarsely chop stems.



3. Make crema

In the bowl of a blender, combine cashews and soaking water, cilantro stems, lime zest, chopped onions, juice from 2 lime wedges, 3 tablespoons oil, 1/2 teaspoon vinegar, and 1/4 teaspoon each of sugar and salt. Blend on high speed until smooth and creamy, scraping down sides as needed. Season to taste. with salt and pepper.



# 4. Prep peppers & cook onion

In a medium bowl, whisk to combine 1/4 cup water, 2 tablespoons vinegar, 1 tablespoon sugar, and 1 teaspoon salt. Add **bell peppers** and toss to coat. Set aside to pickle until ready to serve.

Heat 1 tablespoon oil in reserved skillet over medium-high. Add **sliced onions** and cook, stirring occasionally, until softened and browned in spots, 5-7 minutes.



# 5. Cook veggie ground

Add 1 tablespoon oil, mushrooms, and Actual Veggies™ patties to skillet; cook, stirring occasionally and breaking up veggie ground, until mushrooms are softened and veggie ground is browned, 6-9 minutes. Add all of the taco **seasoning** and cook, stirring constantly, until fragrant, about 1 minute. Season to taste with salt and pepper.



6. Assemble & serve

Divide veggie ground and mushroom filling among tortillas. Top with guacamole, pickled peppers, some of the cashew lime crema, and cilantro leaves

Serve **vegan mushroom tacos** with remaining crema and lime wedges alongside. Enjoy!