MARLEY SPOON



Falafel Gyro & Sweet Potato Fries

with Lemon-Tahini Sauce

🔊 30-40min 🎽 2 Servings

You don't have to order from your favorite Middle Eastern spot to get a tasty falafel gyro. We make it easy to replicate this scrumptious sandwich at home thanks to pre-made falafel, warm pita, and homemade tahini sauce. But what we love most is that the deliciousness doesn't stop there! We serve ours with crispy oven fries and a peppery arugula salad for a dinner-worthy plate.

What we send

- 2 sweet potatoes
- 1 shallot
- 1 plum tomato
- 1 lemon
- 1 oz tahini 11
- 1 oz sour cream 7
- 2 Mediterranean pitas ^{1,6,11}
- ½ lb pkg falafel
- 5 oz arugula

What you need

- olive oil
- kosher salt & ground pepper
- garlic
- white wine vinegar (or red wine vinegar) ¹⁷
- sugar

Tools

- rimmed baking sheet
- medium nonstick skillet

Allergens

Wheat (1), Soy (6), Milk (7), Sesame (11), Sulphites (17). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 960kcal, Fat 39g, Carbs 133g, Protein 27g



We've tailored the instructions below to match your recipe choices. Happy cooking!

1. Bake sweet potatoes

Preheat oven to 450°F with a rimmed baking sheet on lower oven rack. Scrub **sweet potatoes**; cut into ¼-inch thick fries. In a large bowl, toss potatoes with **1½ tablespoons oil** and **a pinch each of salt and pepper**. Carefully place on preheated baking sheet. Bake until tender and golden brown, about 30 minutes, flipping potatoes after 20-25 minutes. Season immediately with **salt**.



2. Prep ingredients

Thinly slice **shallot**, then separate into rings. Cut **tomato** into ½-inch pieces; transfer to a small bowl and season with **a pinch each of salt and pepper**. Finely chop ½ **teaspoon garlic**.

Squeeze ½ tablespoon lemon into a large bowl, then add arugula, 1 tablespoon oil, and a pinch of salt; toss to combine. Cut any remaining lemon into wedges.



3. Pickle shallots

In a small bowl, toss **shallots** with **1 tablespoon vinegar** and **a pinch each of sugar and salt**. Set aside to pickle until ready to serve.



4. Prep lemon-tahini sauce

Squeeze **2 tablespoons lemon juice from wedges** into a small bowl.

Add **chopped garlic, tahini, sour cream**, and **1-2 tablespoons water**; stir until combined. Season to taste with **salt** and **pepper**.



5. Fry falafel

Wrap **pita** in foil and place in oven to warm while you fry **falafel**. Shape falafel into 8 equal-sized balls, if necessary. Heat **3 tablespoons oil** in a medium nonstick skillet over medium-high. Add falafel and cook, turning occasionally, until browned all over, about 5 minutes. Transfer to a paper towel-lined plate; sprinkle with **a pinch of salt**.



6. Assemble & serve

Thin **lemon-tahini sauce** with **1-2 teaspoons water**, if necessary (should be able to drizzle sauce). Pile **some of the arugula** on **pita** and top with **tomatoes** and **falafel**. Drizzle **sauce** over and top with **some of the pickled shallots**. Serve **remaining arugula** and **sweet potato fries** alongside with **any lemon wedges** for squeezing over top. Enjoy!