# MARLEY SPOON



# Falafel Gyro & Sweet Potato Fries

with Lemon-Tahini Sauce

🔊 30-40min 🎽 2 Servings

You don't have to order from your favorite Middle Eastern spot to get a tasty falafel gyro. We make it easy to replicate this scrumptious sandwich at home thanks to pre-made falafel, warm pita, and homemade tahini sauce. But what we love most is that the deliciousness doesn't stop there! We serve ours with crispy oven fries and a peppery arugula salad for a dinner-worthy plate.

#### What we send

- 2 sweet potatoes
- 1 shallot
- 1 plum tomato
- 1 lemon
- 1 oz tahini 11
- 1 oz sour cream 7
- 2 Mediterranean pitas <sup>1,6,11</sup>
- ½ lb pkg falafel
- 5 oz arugula

### What you need

- olive oil
- kosher salt & ground pepper
- garlic
- white wine vinegar (or red wine vinegar) <sup>17</sup>
- sugar

### Tools

- rimmed baking sheet
- medium nonstick skillet

#### Allergens

Wheat (1), Soy (6), Milk (7), Sesame (11), Sulphites (17). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### Nutrition per serving

Calories 960kcal, Fat 39g, Carbs 133g, Protein 27g



We've tailored the instructions below to match your recipe choices. Happy cooking!

## 1. Bake sweet potatoes

Preheat oven to 450°F with a rimmed baking sheet on lower oven rack. Scrub **sweet potatoes**; cut into ¼-inch thick fries. In a large bowl, toss potatoes with **1½ tablespoons oil** and **a pinch each of salt and pepper**. Carefully place on preheated baking sheet. Bake until tender and golden brown, about 30 minutes, flipping potatoes after 20-25 minutes. Season immediately with **salt**.



#### 2. Prep ingredients

Thinly slice **shallot**, then separate into rings. Cut **tomato** into ½-inch pieces; transfer to a small bowl and season with **a pinch each of salt and pepper**. Finely chop ½ **teaspoon garlic**.

Squeeze ½ tablespoon lemon into a large bowl, then add arugula, 1 tablespoon oil, and a pinch of salt; toss to combine. Cut any remaining lemon into wedges.



3. Pickle shallots

In a small bowl, toss **shallots** with **1 tablespoon vinegar** and **a pinch each of sugar and salt**. Set aside to pickle until ready to serve.



4. Prep lemon-tahini sauce

Squeeze **2 tablespoons lemon juice from wedges** into a small bowl.

Add **chopped garlic, tahini, sour cream**, and **1-2 tablespoons water**; stir until combined. Season to taste with **salt** and **pepper**.



5. Fry falafel

Wrap **pita** in foil and place in oven to warm while you fry **falafel**. Shape falafel into 8 equal-sized balls, if necessary. Heat **3 tablespoons oil** in a medium nonstick skillet over medium-high. Add falafel and cook, turning occasionally, until browned all over, about 5 minutes. Transfer to a paper towel-lined plate; sprinkle with **a pinch of salt**.



6. Assemble & serve

Thin **lemon-tahini sauce** with **1-2 teaspoons water**, if necessary (should be able to drizzle sauce). Pile **some of the arugula** on **pita** and top with **tomatoes** and **falafel**. Drizzle **sauce** over and top with **some of the pickled shallots**. Serve **remaining arugula** and **sweet potato fries** alongside with **any lemon wedges** for squeezing over top. Enjoy!