# **MARLEY SPOON**



# **Fast! Korean Impossible Ground Rice Bowl**

with Cucumber-Sesame Salad



Speedy and delicious, we love the ease of this Korean-style rice bowl. Here we simmer crumbled Impossible patties and onions in a sweet and spicy sauce made with gochujang, brown sugar, and tamari. We top aromatic jasmine rice with the crumbles, soaking up the warming sauce, and crisp sesame-marinated cucumbers alongside adding a cooling crunch to every bite. Your taste buds won't believe this meal came together in 20 minutes!

#### What we send

- 5 oz jasmine rice
- 1 yellow onion
- ½ lb pkg Impossible patties 6
- 1 cucumber
- 2 (½ oz) toasted sesame oil 11
- 2 oz tamari soy sauce 6
- 1/4 oz fresh cilantro
- 2 (1 oz) gochujang <sup>6</sup>
- 2 oz dark brown sugar
- ¼ oz pkt toasted sesame seeds <sup>11</sup>

# What you need

- · kosher salt & ground pepper
- neutral oil
- apple cider vinegar (or white wine vinegar)
- sugar

#### **Tools**

- small saucepan
- · medium skillet

#### **Allergens**

Soy (6), Sesame (11). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **Nutrition per serving**

Calories 850kcal, Fat 36g, Carbs 104g, Protein 28g



#### 1. Cook rice

In a small saucepan, combine **rice**, **1**% **cups water**, and **½ teaspoon salt** Bring to a boil. Cover and cook over low until rice is tender and liquid is absorbed, about 17 minutes. Keep covered until ready to serve.



## 2. Prep onion

Meanwhile, halve **onion** and cut one half into ¼-inch pieces (save rest for own use).



## 3. Cook plant-based ground

Heat **1 tablespoon neutral oil** in a medium skillet over medium-high. Add **onions** and **Impossible patties**; cook, breaking up into smaller pieces, until browned and cooked through, 6-8 minutes.



#### 4. Marinate cucumbers

Meanwhile, halve **cucumber**, scoop out and discard seeds, and thinly slice. In a medium bowl, combine **sesame oil**, **2 teaspoons tamari**, **½ teaspoon vinegar**, and **¼ teaspoon each of salt and sugar**. Add cucumbers and toss to combine; set aside to marinate until step 6.

Coarsely chop **cilantro leaves and stems**.



#### 5. Build sauce

To skillet with plant-based ground, add ½ cup water and bring to a simmer, scraping up bits from the bottom. Stir in 2 tablespoons gochujang (or more depending on heat preference), 2 tablespoons brown sugar, 1 tablespoon tamari, and ¼ teaspoon vinegar.

Cook, stirring, until sauce is reduced and coats meat, 1-2 minutes. Season to taste with **salt** and **pepper**.



#### 6. Finish & serve

Thin remaining gochujang with 1 teaspoon water.

Fluff **rice** with a fork and spoon into bowls. Top with **marinated cucumbers** and **plant-based ground**. Garnish with **sesame seeds** and **cilantro**. Drizzle **ground** with **remaining gochujang**, if desired. Enjoy!