



Spicy Korean Tofu & Vegetable Stew

with Shiitakes, Leafy Greens & Rice Cakes



20-30min



2 Servings

The key to creating a satisfying vegetarian dinner is all in the ingredients. For this spicy one pot stew, we combine tofu, shiitake mushrooms, collard greens, and onions. The veggies simmer in a broth kicked up with kimchi paste, gochujang, tamari, and sesame oil. Korean rice cakes are the perfect addition to this savory stew. The flattened, oval cakes are made from ground white rice and have a delightful toothsome chew.

What we send

- 1 yellow onion
- 1 bunch collard greens
- 2 oz shiitake mushrooms
- 1 pkg extra-firm tofu ⁶
- 1 oz kimchi paste
- 1 oz gochujang ⁶
- 1 pkt vegetable broth concentrate
- ½ oz tamari soy sauce ⁶
- 7 oz rice cakes
- 2 scallions
- ½ oz toasted sesame oil ¹¹

What you need

- neutral oil
- kosher salt & ground pepper
- sugar
- apple cider vinegar (or white wine vinegar)

Tools

- small pot

Allergens

Soy (6), Sesame (11). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 690kcal, Fat 22g, Carbs 93g, Protein 32g



1. Prep ingredients

Finely chop **onion**. Strip **collard green leaves** from tough stems; stack leaves and coarsely chop; discard stems. Trim stem ends from **mushrooms**, then thinly slice **caps**; discard stems. Drain **tofu** and cut into 1-inch cubes.



4. Simmer stew

To pot, stir in **vegetable broth concentrate, tamari, 3 cups water, 1 tablespoon sugar, 1 teaspoon salt**, and **a few grinds of pepper**. Bring to a boil over high heat. Reduce heat to medium, cover, and simmer until flavors begin to meld, about 5 minutes.



2. Sauté onions

Heat **1 tablespoon neutral oil** in a small pot over medium. Add **onions** and **a pinch of salt**. Cook, stirring, until onions are translucent and softened, 4-5 minutes.



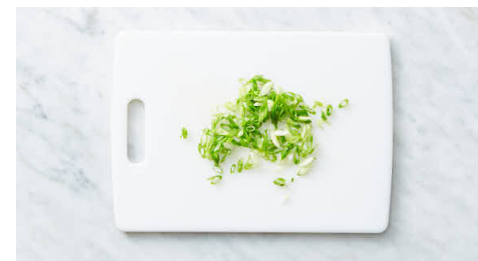
5. Cook rice cakes & tofu

Gently pull apart **rice cakes**, being careful not to break in half. Add rice cakes, **mushrooms**, and **tofu** to pot and simmer until rice cakes are tender but still chewy and tofu is warmed through, 3-4 minutes.



3. Cook collard greens

To pot with **onions**, add **kimchi paste** and **gochujang** (use half of the gochujang for less heat, if desired). Cook, stirring constantly, until paste is fragrant, about 1 minute. Add **collard greens** and **a pinch of salt**. Cook, stirring, until greens are just wilted, about 1 minute.



6. Finish & serve

Trim **scallions**, then thinly slice. Stir **2 teaspoons each of sesame oil and vinegar** into **stew**. Season to taste with **salt** and **pepper**. Serve **stew** in bowls topped with **sliced scallions**. Enjoy!