DINNERLY



Toasted Coconut Chia Overnight Oats with Apricots & Almonds





It's early in the morning, and you're too groggy to make a proper breakfast. Another bowl of cereal? Microwave oatmeal perhaps? Then you open the fridge and see this: a jar of creamy oats and chia seeds topped with toasted coconut flakes, crunchy almonds, and sweet dried apricots. Your past self was looking out for you, and they were happy to 309 do it since these overnight oats took minutes to make. We've got you covered!

WHAT WE SEND

- 1 oz unsweetened shredded coconut 15
- · 2 (1 oz) diced dried apricots 12
- 1 oz salted almonds 15
- · 2 (1/4 oz) chia seeds
- · 3 oz oats
- 13.5 oz can coconut milk 15
- 1 oz maple syrup

WHAT YOU NEED

kosher salt

TOOLS

- · rimmed baking sheet
- · 2 (8 oz) jars or containers with lids

ALLERGENS

Sulphur dioxide and sulphites (12), Tree Nuts (15). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 790kcal, Fat 54g, Carbs 70g, Protein 14g



1. Prep toppings

Preheat oven to 350°F with a rack in the center.

On a rimmed baking sheet, spread coconut in an even layer. Toast on center oven rack until lightly golden-brown and fragrant, stirring halfway through cooking time, 4-6 minutes. Let cool to room temperature until ready to serve.

Coarsely chop apricots and almonds; set aside until ready to serve.



2. Prep oats & refrigerate

In a medium bowl, combine all of the chia seeds, oats, coconut milk, maple syrup, and 1/4 teaspoon salt; stir well to combine. Divide between 2 (8 oz) jars or containers. Cover with lids (or plastic wrap) and refrigerate overnight.



3. Assemble & serve

When ready to serve, stir overnight oats and thin with 1 tablespoon water at a time, as desired. Top with apricots, almonds, and toasted coconut flakes. Enjoy!



What were you expecting, more steps?



You're not gonna find them here!



Kick back, relax, and enjoy your Dinnerly!