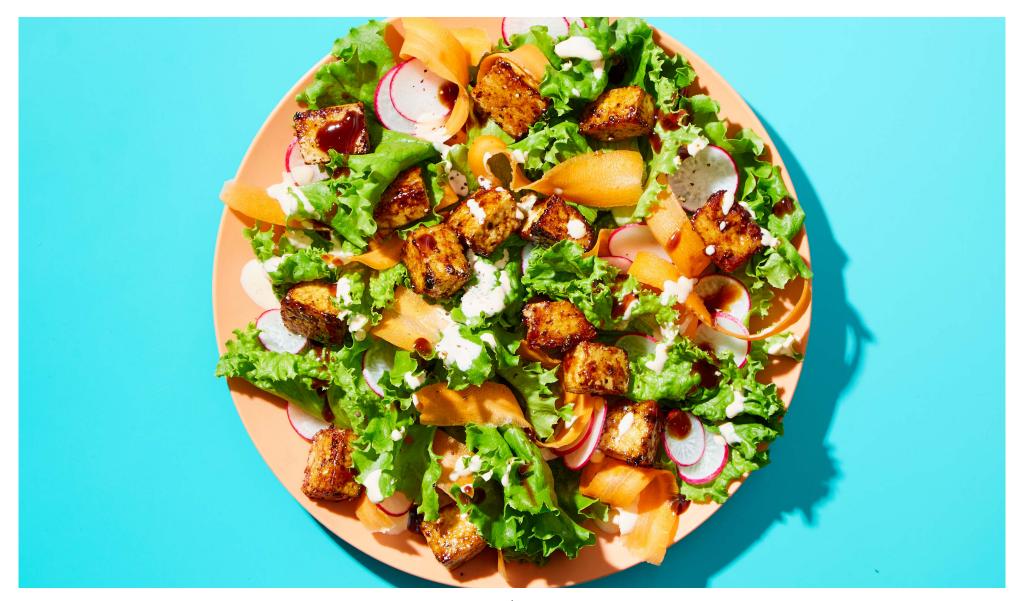
# **DINNERLY**



# Low-Carb Pulled Pork Bánh Mì Salad

**Developed by Our Registered Dietitian** 





Dinnerly's resident dietitian is bringing you meals that are both ultrasatisfying and super nourishing. Of all the sandwiches in the world, a bánh mì is one of our faves. We're transforming the Vietnamese classic into a salad with the help of lots of veggies, plus hoisin pulled pork to really satisfy those cravings. We've got you covered!

# **WHAT WE SEND**

- · 2 radishes
- · 2 carrots
- ½ lb pkg ready to heat pulled pork
- · 2 oz hoisin sauce 1,6,11
- · 2 oz mayonnaise 3,6
- 1 pkt Sriracha <sup>17</sup>
- · 1 bunch green leaf lettuce

#### WHAT YOU NEED

- apple cider vinegar (or vinegar of your choice)
- kosher salt & ground pepper
- sugar
- · neutral oil

#### **TOOLS**

· rimmed baking sheet

# **ALLERGENS**

Wheat (1), Egg (3), Soy (6), Sesame (11), Sulphites (17). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

# **NUTRITION PER SERVING**

Calories 710kcal, Fat 53g, Carbs 39g, Protein 24g



# 1. Pickle carrots & radishes

Preheat broiler with a rack in the upper third.

Thinly slice **radishes**. Using a vegetable peeler, shave **carrots** into ribbons; cut ribbons in half crosswise.

In a medium bowl, combine 2 tablespoons each of vinegar and water, ½ teaspoon salt, and 1 teaspoon sugar; whisk until sugar is dissolved. Add radish and carrots; toss well to combine. Set aside until ready to serve.



### 2. PORK VARIATION

Use your fingers or two forks to break up **pork** into bite-sized pieces. Toss on a rimmed baking sheet with **1 tablespoon oil**; season with **salt** and **pepper**.

Broil on upper oven rack until goldenbrown and crisp, 7–12 minutes (watch closely as broilers vary). Brush pork with 2 tablespoons hoisin. Return to oven and broil until glazed, 1–2 minutes more.



3. Prep sauces & lettuce

Thin remaining hoisin with 1 teaspoon water.

In a small bowl, stir together **mayonnaise** and **Sriracha** (use less depending on heat preference).

Trim and discard end from **lettuce**, then chop or tear into bite-sized pieces. Toss in a medium bowl with **1 teaspoon of the** pickling liquid, **1 tablespoon oil**, and a pinch each of salt and pepper.



4. Serve

Serve lettuce topped with pickled carrots and radishes and glazed pork. Drizzle hoisin and spicy mayo over top. Enjoy!



5. ...

What were you expecting, more steps?



6. ...

You're not gonna find them here! Kick back, relax, and enjoy your Dinnerly!