# MARLEY SPOON



# **Daring Plant-Based "Chicken" Coconut** Curry

with Peppers, Spinach & Fried Onions



30min 2 Servings

Take a seat at our Premium table! What's so special about this savory, satisfying bowl bursting with color and texture? It's meatless! Daring's plant-based "chicken" pieces won't have you missing the real thing, especially when soaked in a curry made creamy and fragrant with coconut milk, lemongrass, ginger, and garlic. With fluffy rice underneath and crispy onions on top, you've got 28 everything you need all in one bowl.

#### What we send

- 5 oz jasmine rice
- garlic
- 1 piece fresh ginger
- ¼ oz Thai lemongrass spice 1,2,3
- 1 red onion
- 1 bell pepper
- 1/4 oz fresh cilantro
- 8 oz pkg plant-based chicken <sup>2</sup>
- 2 oz Thai red curry paste <sup>2</sup>
- 13.5 oz can coconut milk 4
- 5 oz baby spinach
- 1 lime
- · ½ oz fried onions

## What you need

- kosher salt & ground pepper
- neutral oil
- sugar

#### **Tools**

- small saucepan
- medium Dutch oven or pot

#### **Cooking tip**

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#### **Allergens**

Sesame (1), Soy (2), Wheat (3), Tree Nuts (4). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### Nutrition per serving

Calories 1090kcal, Fat 61g, Carbs 102g, Protein 36g



#### 1. Cook rice

In a small saucepan, combine **rice**, 1¼ **cups water**, and ½ **teaspoon salt**; bring to a boil over high heat. Reduce heat to low, cover, and cook until rice is tender and water is absorbed, about 17 minutes. Keep covered until ready to serve.



### 2. Prep ingredients

Finely chop **2 teaspoons garlic**. Peel and chop **half of the ginger** (save rest for own use).

Halve and thinly slice **onion**. Halve **pepper**, discard stem and seeds, and cut into ¼-inch thick strips. Pick **cilantro leaves** from **stems**; thinly slice stems.



3. Brown "chicken"

Heat **1 tablespoon oil** in a medium Dutch oven or pot over medium-high. Working in batches as needed, add **plant-based chicken** in a single layer and cook, without stirring, until browned and crisp on the bottom, about 3 minutes. Flip and cook until browned, 1–2 minutes more. Transfer to a plate.



4. Build curry

Heat **2 tablespoons oil** in same pot. Add **peppers** and **% of the onions**; cook, stirring occasionally, until starting to soften, 5-7 minutes.

Add **all of the curry paste** and cook, stirring, until darkened, about 1 minute. Add **chopped garlic, ginger, cilantro stems**, and **lemongrass spice**; cook until fragrant, about 30 seconds.



5. Finish curry

Add **coconut milk, 1 cup water, ¾ teaspoon salt**, and **½ teaspoon sugar**. Bring to a boil. Reduce heat to a simmer and cook, partially covered, until flavors meld, 5-7 minutes.

Add **chicken** and cook until warmed through, about 2 minutes. Off heat, stir in **spinach** until just wilted. Season to taste with **salt** and **pepper**.



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Cut **lime** into wedges.

Serve "chicken" coconut curry over rice and top with cilantro leaves, fried onions, and some of the remaining onions. Serve with lime wedges. Enjoy!