DINNERLY



Stir-Fry Noodles with Green Beans & Peanuts



What do you call a fake noodle? An impasta. But, we assure you that there is nothing fake about these thick, chewy noodles used frequently in Japanese cuisine because this stir-fry is 100% legit. We've got you covered!

WHAT WE SEND

- 2 (2½ oz) Chinese egg noodles 1,4
- 1 piece fresh ginger
- · 2 scallions
- ½ lb green beans
- 1 oz salted peanuts ²
- · 2 (1/2 oz) tamari soy sauce 3

WHAT YOU NEED

- kosher salt & ground pepper
- neutral oil
- sugar
- red wine vinegar (or white wine vinegar)
- 2 large eggs ¹

TOOLS

- medium pot
- · medium nonstick skillet

ALLERGENS

Egg (1), Peanuts (2), Soy (3), Wheat (4). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 670kcal, Fat 43g, Carbs 72g, Protein 15g



1. Cook noodles

Bring a medium pot of water to a boil over high. Add noodles; cook, stirring occasionally to prevent sticking, until al dente, 4–5 minutes. Drain noodles, then return to pot and toss with 1 teaspoon oil. Cover to keep warm until Step 5.



2. Prep ingredients & sauce

Peel and finely chop ½ teaspoon ginger. Trim ends from scallions, then thinly slice on an angle; keep dark greens separate for garnishing. Trim ends from green beans, then cut in half crosswise. Coarsely chop peanuts.

In a medium bowl, whisk to combine all of the tamari, 2 tablespoons oil, ¼ cup water, 1 tablespoon sugar, 1 teaspoon vinegar, and a few grinds of pepper.



3. Sauté green beans

Heat 1 tablespoon oil in a medium nonstick skillet over medium-high. Add chopped ginger and scallions; cook, stirring, until fragrant, 30 seconds. Add green beans and 1 tablespoon water; cover and cook until they begin to soften, 1–2 minutes. Stir in tamari sauce; cook until green beans are fork-tender, 1 minute. Transfer to a medium bowl and cover. Wipe out skillet.



4. Fry eggs

Heat 1 tablespoon oil in same skillet over medium. Crack 2 large eggs into skillet and cook until yolks are set, and edges are crispy, 3–4 minutes.



5. Finish & serve

To pot with **noodles**, add **green beans** and **tamari sauce**; toss until combined and noodles are evenly coated in sauce.

Serve stir-fry noodles and green beans topped with a fried egg. Garnish with chopped peanuts and scallions dark greens. Enjoy!



6. Did you know?

Ordering Dinnerly is not only more convenient, but it also reduces your carbon footprint. A study from the University of Michigan found that cooking with meal kits (including packaging) generates a much lower carbon footprint than purchasing the same ingredients at the grocery store. Considering every step in the process, average greenhouse gas emissions are ½ lower when cooking with meal kits