# **MARLEY SPOON**



# **Daring Plant-Based Chicken Dan Dan Noodles**

with Spinach





We're channeling the flavors of dan dan noodles, a spicy Sichuan-style dish typically made with ground pork. Here we opt for tender plant-based chicken seasoned with spicy crushed red pepper, garlic, and coated in creamy tahinitamari sauce.

#### What we send

- 7 oz udon noodles 1
- 1 oz salted peanuts <sup>2</sup>
- 2 scallions
- garlic
- 1 oz tahini <sup>3</sup>
- 2 oz tamari soy sauce 4
- 1 pkt crushed red pepper
- 8 oz pkg plant-based chicken <sup>4</sup>
- 5 oz baby spinach

# What you need

- kosher salt & ground pepper
- sugar
- white wine vinegar (or red wine vinegar)
- · neutral oil

#### **Tools**

- large pot
- medium nonstick skillet

#### **Allergens**

Wheat (1), Peanuts (2), Sesame (3), Soy (4). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **Nutrition per serving**

Calories 870kcal, Fat 35g, Carbs 104g, Protein 44g



### 1. Cook noodles

Bring a large pot of **salted water** to a boil. Add **noodles** and cook, stirring occasionally to prevent sticking, until al dente, 3-5 minutes. Drain noodles and rinse with cold water. Set aside until step 6.



# 2. Prep ingredients

Coarsely chop **peanuts**.

Trim **scallions**, then thinly slice, keeping dark greens separate.

Finely chop 1 teaspoon garlic



## 3. Prep tahini-tamari sauce

In a liquid measuring cup, whisk to combine all of the tahini and tamari with 1/4 cup hot tap water and 2 tablespoons each of sugar and vinegar (tahini might not dissolve completely, it's OK!). Season to taste with salt and pepper.



#### 4. Sauté aromatics

Heat **2 tablespoons oil** in a medium nonstick skillet over medium-high. Add **garlic, sliced scallion whites and greens**, and **crushed red pepper**; cook, stirring, until fragrant, about 1 minute.

Transfer aromatics and any remaining oil to cup with **tahini-tamari sauce** and stir to combine; set aside until step 6.



# 5. Brown plant-based chicken

Pat **plant-based chicken** dry; break into bite-sized pieces. Heat **1 tablespoon oil** in same skillet over medium-high. Add **plant-based chicken** and cook, breaking up large pieces and stirring occasionally, until well browned and heated through, 4-5 minutes.



6. Finish & serve

Stir tahini-tamari sauce into skillet with plant-based chicken. Cook until tahini is melted, 1 minute. Add spinach and noodles; cook, tossing, until spinach is wilted and noodles are coated in sauce, 1-2 minutes. Season with salt and pepper.

Serve noodles, spinach, and plantbased chicken in bowls. Top with sliced scallion dark greens and peanuts. Enjoy!