

# **Baingan Bharta**

(Indian Eggplant Curry) with Basmati Rice



2 Servings

## WHAT WE SEND

- 1 eggplant
- 5 oz basmati rice
- 1 yellow onion
- 1 piece fresh ginger
- ¼ oz ground coriander
- ¼ oz garam masala
- 2 plum tomatoes
- $\cdot$   $\frac{1}{2}$  oz fresh cilantro

# WHAT YOU NEED

### TOOLS

#### ALLERGENS

May contain traces of allergenic ingredients. Packaged in a facility that packages gluten containing products.

# NUTRITION PER SERVING

Calories Okcal







5.

