# **DINNERLY**



# Teriyaki Tofu Burger with Pickled Cucumbers & Fries





We're giving tofu a real chance at the spotlight because the good-for-you, lean, plant-based protein is stepping called up to the big leagues— Burgers! Who can resist a burger of any kind? Especially when marinated in big flavors like teriyaki. Pickled cukes and oven fries are the perfect teammates. We've got you covered!

#### **WHAT WE SEND**

- 1 russet potato
- 1 pkg extra-firm tofu <sup>4</sup>
- 2 oz teriyaki sauce 4,5
- · 1 cucumber
- · 2 oz mayonnaise 1,4
- 1/4 oz granulated garlic
- · 2 potato buns 2,3,5

#### WHAT YOU NEED

- · apple cider vinegar
- kosher salt & ground pepper
- sugar
- · neutral oil

#### **TOOLS**

- nonstick skillet
- · rimmed baking sheet

#### **ALLERGENS**

Egg (1), Milk (2), Sesame (3), Soy (4), Wheat (5). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **NUTRITION PER SERVING**

Calories 1020kcal, Fat 64g, Carbs 81g, Protein 37g



### 1. Roast potatoes

Preheat oven to 450°F with a rack in the lower third. Scrub **potato**, then cut lengthwise into ½-inch wedges. On a rimmed baking sheet, toss potato wedges with **2 tablespoons oil**, **1 teaspoon salt**, and **several grinds of pepper**. Spread in an even layer and roast in lower third of oven, without stirring, until golden and crisp, about 25 minutes.



#### 2. Marinate tofu

Drain tofu. Cut in half crosswise. Cut one half into 4 slices (save rest for own use). Place on a paper towel-lined plate and pat tofu very dry. In a shallow bowl, whisk together teriyaki sauce and 1 tablespoon sugar. Add tofu and gently flip to coat. Marinate for 15 minutes, flipping occasionally.



## 3. Prep pickles & mayo

Slice cucumber into thin rounds. In a small bowl, whisk together 1 tablespoon oil, 2 teaspoons vinegar, and a pinch each salt and pepper. Add cucumbers and set aside. In a small bowl, stir together mayonnaise and % teaspoon granulated garlic. Season to taste with salt and pepper.



4. Cook tofu

Once **potatoes** have baked for 20 minutes, heat **2 teaspoons oil** in a medium nonstick skillet over medium-high. Add **buns**, cutside down, and cook until golden brown, 1–2 minutes. Add **1 tablespoon oil** to the skillet, then add **tofu** (reserve marinade for step 5). Cook until golden brown, 1–2 minutes per side.



5. Finish & serve

Pour reserved teriyaki marinade into skillet and continue to cook until almost evaporated and tofu is glazed, about 30 seconds. Spread some of the garlic mayo on buns, then top with tofu and pickles. Serve alongside fries and any remaining mayo for dipping. Enjoy!



6. Take it to the next level

Load up this burger with even more of your favorite toppings—lettuce, tomatoes, raw red onion.