# **DINNERLY**



## Falafel Gyro with Chopped Shepherd's Salad





Are you a "yee-roh" or a "zhihr-oh" kind of person? No matter how you say it, this gyro will taste just as good. All you need is cumin-spiced falafel, toasty pita, and a quick shepherd's salad made with marinated tomato, onion, and cucumbers. We've got you covered!

#### WHAT WE SEND

- 1 cucumber
- · 2 plum tomatoes
- 1 red onion
- · 2 Mediterranean pitas 2,3,4
- ½ lb pkg falafel
- ¼ oz ground cumin
- · 2 (1 oz) sour cream 1

#### WHAT YOU NEED

- olive oil
- · red wine vinegar (or vinegar of your choice)
- · kosher salt & ground pepper

#### **TOOLS**

· medium skillet

#### **ALLERGENS**

Milk (1), Sesame (2), Soy (3), Wheat (4). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **NUTRITION PER SERVING**

Calories 740kcal, Fat 35g, Carbs 92g, Protein 21g



### 1. Make shepherd's salad

Peel cucumber, if desired; cut into 1/2-inch pieces. Cut tomatoes into 1/2-inch pieces. Coarsely chop onion. Shape falafel into 8 (1-inch) balls, if necessary.

In a medium bowl, combine tomatoes, cucumbers, half of the onions, 3 tablespoons oil, and 1 tablespoon vinegar; season to taste with salt and pepper. Set aside until ready to serve.



What were you expecting, more steps?



2. FALAFEL VARIATION

Lightly oil both sides of pita. Heat a medium skillet over medium. Add pita and toast until browned and golden, 30-60 seconds per side. Transfer to a plate. Wipe out skillet.

Heat 2 tablespoons oil in same skillet over medium-high. Add falafel and cook, turning occasionally, until browned all over, about 5 minutes. Transfer to a paper towel-lined plate. Add onions to skillet.



You're not gonna find them here!



3. Finish & serve

Add 2 teaspoons cumin to same skillet; cook, stirring, until onions are golden, about 5 minutes. Add 2 tablespoons water; bring to a simmer, scraping up any browned bits from bottom of skillet. Season to taste with **salt** and **pepper**.

Serve falafel, onions, and some of the shepherd's salad over pitas. Dollop with sour cream. Serve remaining salad alongside. Enjoy!



Kick back, relax, and enjoy your Dinnerly!