# MARLEY SPOON



# **Menemen: Turkish Scrambled Eggs**

with Feta, Olives & Pita





These gently cooked scrambled eggs are worth a trip to Istanbul. But no ticket required for this sumptuous spread. We sauté onions and peppers with tomato paste and fresh tomatoes for a concentrated sauce to which we slowly cook eggs before a final shower of parsley, olives, and feta. Along with toasted pita, this is a meal fit for any time of day. (2p-plan serves 4; 4p-plan serves 8– nutrition reflects 1 portion of eggs)

#### What we send

- 1 yellow onion
- 1 Anaheim pepper
- ½ oz fresh parsley
- ¼ oz cornstarch
- 6 oz tomato paste
- ¼ oz gochugaru flakes
- 1 large pkg grape tomatoes
- 2 Mediterranean pitas <sup>3,4,5</sup>
- 1 oz Castelvetrano olives
- 2 oz feta <sup>2</sup>

## What you need

- 4 large eggs <sup>1</sup>
- 2 Tbsp unsalted butter, melted <sup>2</sup>
- kosher salt & ground pepper
- 1/4 c olive oil
- sugar

#### **Tools**

medium nonstick skillet

#### **Allergens**

Egg (1), Milk (2), Sesame (3), Soy (4), Wheat (5). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **Nutrition per serving**

Calories 510kcal, Fat 32q, Carbs 43q, Protein 16a



### 1. Prep ingredients

Preheat oven to 450°F with a rack in the center. Finely chop **onion**. Halve **pepper**; remove stems and seeds, chop into 1/4inch pieces. Pick **parsley leaves** from stems and finely chop; discard stems. In a medium bowl, whisk cornstarch with 11/2 tablespoons water until no lumps remain. Whisk in 4 large eggs and 2 tablespoons melted butter; season with salt and pepper.



2. Cook onions & peppers

In a medium nonstick skillet, heat ¼ cup oil over medium. Add onions, peppers, and a pinch of salt. Cook, stirring occasionally, until vegetables are completely softened and translucent but not browned, 5-7 minutes.



3. Cook tomatoes

To skillet, add 2 tablespoons tomato paste and 2 teaspoons gochugaru flakes. Cook, stirring frequently, until tomato paste is rust-colored and fragrant, 3-4 minutes. Add half of the grape tomatoes and a pinch of salt (save remaining tomatoes for own use). Cook, stirring and pressing tomatoes occasionally until they begin to burst, 5-7 minutes.



4. Cook eggs

Continue cooking tomatoes until a thick, glossy **sauce** is formed, another 3-5 minutes. Stir in ¼ teaspoon sugar and season to taste with salt and pepper.

Lower heat to medium-low. Drizzle beaten eggs into skillet. Cook, pushing eggs occasionally with a spatula, until just barely set, 2-4 minutes. Off heat, stir in chopped parsley; season with salt and pepper.



5. Toast pitas & serve

Brush pitas on both sides with oil. Bake directly on center oven rack until warmed and flexible, 3-5 minutes. Tear olives, removing any pits if necessary.

Serve Turkish scrambled eggs with olives and feta scattered over top and drizzle with oil. Serve with pita and remaining gochugaru flakes on the side for sprinkling. Enjoy!



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