DINNERLY



Daring Plant Chicken & Corn Tacos

with Sour Cream





A delicious dinner doesn't have to require 20 different kitchen utensils. And you can, in fact, eat tacos three, maybe four times a week before anyone has the right to judge you. If only every dinner could be this perfect. Oh wait, it can! We've got you covered!

WHAT WE SEND

- 1 yellow onion
- ¼ oz taco seasoning
- 5 oz corn
- 6 (6-inch) flour tortillas 2,3
- 1 romaine heart
- · 2 (1 oz) sour cream 1
- 8 oz pkg plant-based chicken²

WHAT YOU NEED

- neutral oil
- kosher salt & ground pepper

TOOLS

- · medium nonstick skillet
- microwave

COOKING TIP

If you don't have a microwave for step 3, warm the tortillas in a skillet over high heat, about 30 seconds per side.

ALLERGENS

Milk (1), Soy (2), Wheat (3). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 740kcal, Fat 30g, Carbs 89g, Protein 38g



1. Prep ingredients

Halve onion lengthwise and thinly slice. Finely chop 3 tablespoons of the sliced onions; set aside for serving.

Add plant-based chicken to a medium bowl with sliced onions, taco seasoning, and 1 tablespoon oil; season with salt and pepper.



2. Cook filling

Heat 2 teaspoons oil in a medium nonstick skillet over medium-high. Add plant chicken and onions in a single layer and cook, undisturbed, until outer edges are browned and crispy, 4–5 minutes.

Add **corn**; cook, stirring frequently, until corn and onions are charred in spots, about 2 minutes more. Season to taste with **salt** and **pepper**.



3. Warm tortillas & serve

Stack **tortillas** and wrap in a damp paper towel; microwave until warm and pliable, about 30 seconds (see cooking tip). Halve **lettuce** lengthwise, then thinly slice crosswise, discarding stem end.

Serve plant chicken and charred corn in tortillas topped with shredded lettuce, sour cream, and chopped onions. Enjoy!



What were you expecting, more steps?



You're not gonna find them here!



6. ...

Kick back, relax, and enjoy your Dinnerly!