

MARLEY SPOON



Caramelized Cabbage in Smoky Tomato Sauce

with Sour Cream & Dill



40-50min



2 Servings

Inspired by Hungarian goulash, this one-skillet wonder makes for a warming vegetarian main or a hearty side dish. We sear cabbage wedges, which gives it a delicious caramelized crust, then roast it in a smoky, rich tomato sauce sweetened with golden raisins. Sour cream and fresh dill adds a pop of freshness to this homey recipe. (2p-plan serves 4; 4p-plan serves 8—nutrition reflects 1 portion of cabbage)

What we send

- 1½ lbs green cabbage
- garlic
- 8 oz tomato sauce
- 1 oz golden raisins
- ¼ oz smoked paprika
- 2 (1 oz) sour cream ¹
- ¼ oz fresh dill

What you need

- olive oil
- kosher salt & ground pepper
- sugar

Tools

- large ovenproof skillet

Allergens

Milk (1). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 230kcal, Fat 13g, Carbs 23g, Protein 4g



1

1. Prep ingredients

Preheat oven to 400°F with a rack in the center.

Halve **cabbage** through the core, then cut each half into 4 wedges. Finely chop **2 teaspoons garlic**.



2

2. Sear cabbage

Heat **2 tablespoons oil** in a large ovenproof skillet over medium-high. Working in batches if necessary, add **cabbage** and season with **salt**. Cook, without stirring, until lightly charred, 4–5 minutes. Flip and continue cooking until charred on second side, 4–5 minutes more. Transfer to a plate. Set skillet aside for step 3.



3

3. Make sauce

In same skillet, heat **1 tablespoon oil** over medium. Add **tomato sauce, chopped garlic, raisins** and **1 teaspoon smoked paprika**; cook, stirring, until fragrant and sauce is reduced to a paste, about 5 minutes. Stir in **½ cup water, ½ teaspoon salt** and **¼ teaspoon sugar**; bring to a simmer. Nestle **cabbage wedges** into sauce.



4

4. Roast cabbage

Transfer skillet with **cabbage** to center oven rack. Roast, uncovered until cabbage is very tender and caramelized around the edges and liquid is mostly evaporated, turning cabbage halfway through, 30–40 minutes total.



5

5. Prep sour cream & serve

Thin **sour cream** with **1-2 teaspoons water**, if desired, and season to taste with **salt** and **pepper**.

Serve **cabbage** with **sour cream** drizzled over top. Sprinkle with **dill fronds**. Enjoy!



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