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Broccoli-Cheddar Soup

with Mascarpone & Garlicky Ciabatta





20-30min 2 Servings

Sometimes, it's hard to get enough veggies into your diet, but delicious soups like this make that struggle a whole lot easier (and tastier). An elevated take on a classic flavor pairing, the broccoli-cheddar combo incorporates mascarpone and peas, for extra creamy, veggie goodness. Crunchy garlic-cheese toasts are served alongside, to sop up every last drop. In a word, it's soup-er.

What we send

- 1 medium yellow onion
- garlic (use 1 large clove)
- ½ lb broccoli crowns
- 3 (¾ oz) pieces sharp cheddar ⁷
- 1 pkt vegetable broth concentrate
- 5 oz peas
- 3 oz mascarpone cheese ⁷
- 2 ciabatta rolls ¹

What you need

- · olive oil
- kosher salt & ground pepper

Tools

- medium pot
- immersion blender
- rimmed baking sheet

Allergens

Wheat (1), Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 790kcal, Fat 40g, Carbs 81g, Proteins 28g



1. Prep ingredients

Peel and finely chop 1½ cups onion. Peel and finely chop 2 teaspoons garlic.
Coarsely chop broccoli. Finely chop all of the cheddar.



2. Sauté vegetables

In a medium pot, heat **1 tablespoon oil** over medium-high until shimmering. Add **onions**, **broccoli**, **1½ teaspoons of the garlic**, and **1 teaspoon salt**. Cover and cook, stirring occasionally, until broccoli is crisp-tender, about 5 minutes.



3. Add broth

Stir in **broth concentrate** and 2½ cups water. Cover and bring to a boil. Uncover and cook over medium until liquid reduces slightly and **broccoli** is very tender, about 3 minutes. Add **peas** and cook, about 2 minutes more. Remove from heat



4. Add cheese & blend soup

Off heat, add **mascarpone** and ½ of the chopped **cheddar** in large pinches, stirring until melted before adding more. Using an immersion blender or regular blender, purée the soup until smooth. Season to taste with **salt** and **pepper**. Cover to keep warm until ready to serve.



5. Prep ciabatta

Preheat broiler with a rack in the upper third. Split **ciabatta** rolls. Brush generously on both sides with **oil**. Place on a rimmed baking sheet, cut sides down. In a small bowl, combine remaining % of the cheddar cheese and % teaspoon garlic with a pinch each salt and pepper.



6. Broil ciabatta & serve

Broil **ciabatta** until lightly browned on first side, 1-2 minutes (watch closely, as broilers vary). Flip and top with **cheese-garlic mixture**. Broil until cheese is melted and bubbling, 1-2 minutes more (watch closely). Halve each slice diagonally. Serve **soup** garnished with a drizzle of **olive oil** and **a few grinds pepper**, with **ciabatta** alongside. Enjoy!