



Vegan Tomato Paella

with Marinated Chickpea Salad



20-30min



2 Servings

For this vegan take on Spanish paella, short grain rice is simmered in a skillet with tomato paste, onion, garlic, and smoked paprika then topped with juicy plum tomatoes and baked. The secret to a good paella is the crispy rice that forms on the bottom the the pan, known as socarrat; it adds a toasted crunchy layer to complement the soft flavorful rice.

What we send

- garlic
- 1 medium yellow onion
- 2 plum tomatoes
- ¼ oz fresh parsley
- 6 oz tomato paste
- ¼ oz smoked paprika
- 5 oz arborio rice
- 15 oz chickpeas
- 2 oz celery

What you need

- olive oil
- kosher salt & ground pepper
- white wine vinegar (or apple cider vinegar)¹⁷

Tools

- medium (10") ovenproof skillet

Allergens

Sulphites (17). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 700kcal, Fat 36g, Carbs 105g, Proteins 19g



1. Prep ingredients

Preheat oven to 450°F with a rack in the upper third. Finely chop **1 teaspoon garlic**. Finely chop **1½ cups onion**. Core **tomatoes**, then thinly slice crosswise. Reserve **2 tablespoons whole parsley leaves** for serving; finely chop remaining leaves and tender stems.



4. Make paella

To same skillet, add **1¾ cups water**, **half of the chopped parsley**, and **¾ teaspoon salt**. Arrange **marinated tomatoes and their juices** on top (reserve bowl). Bring to a boil, without stirring, 3–4 minutes. Cover and bake on upper oven rack until liquid is nearly absorbed and **rice** is tender, about 15 minutes. Remove from oven. Let stand, covered, for 5 minutes.



2. Marinate tomatoes

In a medium bowl, toss to combine **tomatoes**, **2 teaspoons oil**, **¼ teaspoon of the chopped garlic**, **¼ teaspoon salt**, and **a few grinds of pepper**. Let marinate until step 5.



5. Marinate chickpeas

While **paella** bakes, drain and rinse **chickpeas**. Trim ends from **celery**, then thinly slice. In same bowl, combine **remaining chopped garlic**, **2 teaspoons vinegar**, and **1½ tablespoons oil**. Season to taste with **salt** and **pepper**. Add **chickpeas**, **celery**, and **remaining chopped parsley**; stir to combine.



3. Sauté aromatics

Heat **1½ tablespoons oil** in a medium ovenproof skillet. Add **chopped onions** and cook, stirring, until softened, 3–4 minutes. Stir in **2 tablespoons tomato paste** and **1 teaspoon smoked paprika**; cook until brick red, about 30 seconds. Add **rice** and **1 tablespoon oil**; cook, stirring, until fragrant, about 30 seconds.



6. Finish & serve

Return skillet to stovetop over medium heat and cook, uncovered, carefully rotating skillet for even browning, until bottom of skillet begins to smell toasty, 3–4 minutes (remember the handle is hot!). Remove from heat. Sprinkle with **salt**, garnish with **reserved parsley leaves**, and serve with **chickpea salad** alongside. Enjoy!