# **DINNERLY**



## Low-Cal Wild Shrimp Pesto Risotto with Peas





Italian comfort food isn't all meat and cheese and red sauce galore. A warm, creamy risotto topped with tender morsels of shrimp is practically a hug in a bowl. And if you've never attempted risotto before, we're here to show you how easy it is! We've got you covered!

#### **WHAT WE SEND**

- 1 pkt seafood broth concentrate <sup>2,4</sup>
- · 5 oz arborio rice
- · 2½ oz peas
- 10 oz pkg wild caught shrimp<sup>2</sup>
- 2 oz basil pesto 7

#### WHAT YOU NEED

- kosher salt & ground pepper
- · olive oil
- garlic

#### **TOOLS**

- · medium skillet
- · rimmed baking sheet

#### **COOKING TIP**

Use shrimp immediately or freeze.

#### **ALLERGENS**

Shellfish (2), Fish (4), Milk (7). May contain traces of other allergens.
Packaged in a facility that packages gluten containing products.

#### **NUTRITION PER SERVING**

Calories 630kcal, Fat 27g, Carbs 62g, Protein 38g



### 1. Prep garlic & broth

Finely chop 2 teaspoons garlic.

In a medium bowl, stir to combine **seafood broth concentrate**, **4 cups warm tap water**, and **½ teaspoon salt**.



#### 2. Cook gromatics

Heat 1 tablespoon oil in a medium skillet over medium-high. Add rice and chopped garlic. Cook, stirring, until rice is lightly toasted and garlic is fragrant, about 2 minutes. Reduce heat to medium.



#### 3. Cook risotto & peas

To skillet with **rice**, add ½ **cup** of the broth . Cook, stirring frequently, until nearly absorbed, 1–2 minutes. Continue adding ½ cup broth at a time; stir until nearly absorbed before adding more, about 25 minutes total. Rice should be all dente and suspended in a thick sauce.

Stir in **peas** and cook until warmed through, about 2 minutes more.



#### 4. Broil shrimp

Preheat broiler with a rack in the top position.

Rinse **shrimp** and pat very dry (first thaw under cool running water, if necessary). Transfer to a rimmed baking sheet; toss with **1 tablespoon oil** and **a pinch each of salt and pepper**. Arrange in an even layer; broil on upper oven rack until cooked through, 3–5 minutes (watch closely as broilers vary).



5. Add pesto & serve

Stir **2** tablespoons pesto into **risotto**. Season to taste with **salt** and **pepper**.

Serve pesto risotto with broiled shrimp over top, and drizzled with remaining pesto. Enjoy!



6. Cheese please!

Risotto is the perfect home for grated Parmesan. Stir it into the risotto with the pesto in step 5, or grate it on top before serving!