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Fast! Ranchero Shrimp & Brown Rice

with Black Beans





We're big fans of BIG flavor, and just because you're short on time doesn't mean dinner has to fall short in the flavor department. For this speedy Tex-Mex meal, we combine quick-cooking shrimp with onions, fresh jalapeños, black beans, plum tomatoes, and dark chili powder. The result is a hearty, warming sauté that is perfect for spooning over fluffy rice. A squeeze of lime juice on top adds a delightful citrusy bite.

What we send

- 1 yellow onion
- 1 jalapeño chile
- 1 plum tomato
- 15 oz can black beans
- 10 oz pkg shrimp ²
- 1/4 oz chili powder
- 1/4 oz fresh cilantro
- 1 lime
- 5 oz quick-cooking brown rice

What you need

- kosher salt & ground pepper
- neutral oil

Tools

- small saucepan
- · fine-mesh sieve
- medium skillet

Allergens

Shellfish (2). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 630kcal, Fat 12g, Carbs 93g, Protein 39g



1. Cook brown rice

Bring a small saucepan of **salted water** to a boil. Add **rice** and boil (like pasta), stirring occasionally, until just tender, about 22 minutes. Drain rice in a finemesh sieve.



2. Prep ingredients

Meanwhile, halve and thinly slice **half of the onion** (save rest for own use). Halve **jalapeño**, discard stem and seeds, then finely chop half (or all, depending on heat preference).

Cut **tomatoes** into 1-inch pieces. Drain and rinse **black beans**.



3. Cook onions & prep shrimp

Heat **1 tablespoon oil** in a medium skillet over medium-high. Add **sliced onions** and **chopped jalapeños**. Cook, stirring occasionally, until onions are softened and are beginning to brown in spots, about 5 minutes.

Rinse **shrimp**, then pat very dry.



4. Cook shrimp

To skillet with **onions**, add **tomatoes**, **shrimp**, **¼ cup water**, and **2 teaspoons chili powder**. Pour **beans** over top. Reduce heat to medium-low, cover, and simmer until tomatoes are softened, and shrimp are cooked through, about 6 minutes. Season to taste with **salt** and **pepper**.

Meanwhile, finely chop **cilantro leaves** and stems.



5. Prep lime & finish

Squeeze **half of the lime juice** into a small bowl; cut remaining lime into wedges.

Add lime juice and half of the cilantro to rice; fluff with a fork to combine. Spoon rice into bowls and top with shrimp and beans. Garnish with remaining cilantro and serve with lime wedges.



Enjoy!