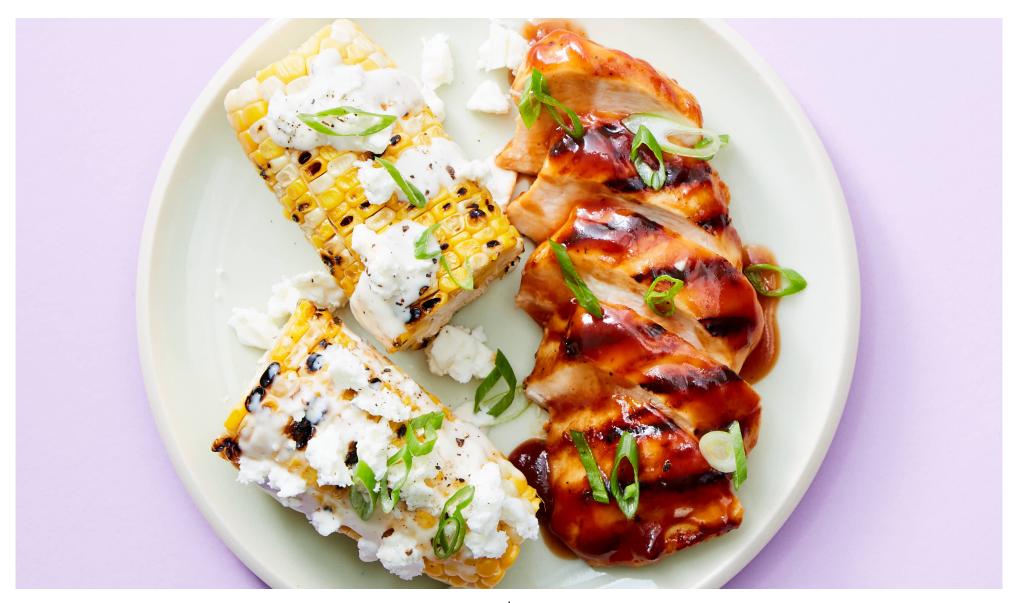
# **DINNERLY**



# Low-Carb BBQ Salmon

with Ranch Street Corn





Go ahead and call yourself The Grill Master, because that's what everyone's gonna be saying when they get a taste of this dish. It's deceptively easy too: Just put the salmon on the grill with a few brushes of our BBQ sauce along with charred corn topped with ranch dressing, crumbled feta, and a sprinkle of scallions. We've got you covered!

#### **WHAT WE SEND**

- · 2 scallions
- · 2 ears of corn
- 10 oz pkg salmon filets 4
- · 2 oz barbecue sauce
- 1½ oz ranch dressing 3,7
- · 2 oz feta 7

# WHAT YOU NEED

- · neutral oil
- kosher salt & ground pepper

# **TOOLS**

· grill or grill pan

#### **ALLERGENS**

Egg (3), Fish (4), Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **NUTRITION PER SERVING**

Calories 620kcal, Fat 37g, Carbs 39g, Protein 37g



# 1. Prep corn & salmon

Preheat a grill or grill pan over high.

Trim ends from **scallions**, then thinly slice. Shuck **corn**, removing any strings, if necessary. Rub with **oil** and season with **salt** and **pepper**.

Pat **salmon** dry, then season all over with **salt** and **pepper**.



#### 2. Grill corn

Add **corn** to grill or grill pan; cook, turning occasionally, until slightly charred in spots, 10–12 minutes. Transfer to a cutting board to cool.



## 3. SALMON VARIATION

While **corn** cooks, lightly **oil** grates of grill or grill pan. Add **salmon** and cook until browned and medium, 3–4 minutes per side. Brush **half of the barbecue sauce** all over **salmon** and cook, turning, until glaze is charred in spots, about 1 minute more. Transfer to plates.



#### 4. Finish corn

Once cool enough to handle, halve **corn cobs** crosswise and spread **ranch dressing** all over. Crumble **feta** over top and sprinkle with **scallions**.



5. Serve

Serve BBQ salmon with ranch street corn alongside and any remaining BBQ sauce over top. Enjoy!



# 6. Add some greens!

Grilled corn and salmon just screams for a summer side salad. Throw together whatever veggies you have in the fridge with a simple vinaigrette: just whisk together olive oil, red or white wine vinegar, salt, and pepper.