# **DINNERLY**



# Shrimp Poke Bowl

with Crispy Seaweed & Spicy Mayo





We loved a packed poke bowl, especially when it doubles the protein by combining succulent shrimp with a light omelet that's been rolled up and sliced. And you're still getting fun toppings like nori, edamame, and pickled radishes. AND, if you want an extra kick of umami, why not add a drizzle of soy sauce? We've got you covered!

#### **WHAT WE SEND**

- 5 oz sushi rice
- 1.8 oz ponzu sauce 6
- 1 radish
- 10 oz pkg shrimp <sup>2</sup>
- 5 oz edamame 6
- 1 pkt nori sheets
- 2 oz mayonnaise 3,6
- · ¼ oz gochugaru flakes

#### WHAT YOU NEED

- kosher salt & ground pepper
- 3 large eggs 3
- sugar
- apple cider vinegar (or white wine vinegar)
- neutral oil

#### **TOOLS**

- small saucepan
- microwave
- · medium nonstick skillet

#### **ALLERGENS**

Shellfish (2), Egg (3), Soy (6). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **NUTRITION PER SERVING**

Calories 800kcal, Fat 39g, Carbs 71g, Protein 46g



### 1. Cook rice

In a small saucepan, combine rice, 1½ cups water, and ½ teaspoon salt; bring to a boil. Cover and cook over low heat until water is absorbed and rice is tender, about 17 minutes. Keep covered until ready to serve.



## 2. Prep ingredients

In a bowl, beat 3 large eggs with 1 tablespoon ponzu sauce (reserve remaining for step 5) and a pinch each of salt and sugar.

Thinly slice **radish**. In a separate small bowl, stir to combine **radishes**, 1 tablespoon vinegar, and a pinch each of salt and sugar. Set aside, stirring occasionally. Rinse shrimp and pat very dry; season with salt and pepper.



#### 3. SHRIMP VARIATION

Add edamame to a microwave-safe bowl with 1 tablespoon water. Cover with a damp paper towel and microwave on high until heated through, about 2 minutes. Drain excess water and season with salt and pepper.

Heat **2 teaspoons oil** in a medium nonstick skillet over high. Add **shrimp** and cook until just curled and pink, 2–3 minutes.

Transfer to plate; wipe out skillet.



4. Cook eggs

Heat 2 teaspoons oil in same skillet over medium until shimmering. Add eggs and swirl pan to spread to edges. Cover and cook until egg is set, 3–5 minutes. Use a spatula to slide out onto a cutting board. When omelet is cool enough to handle, roll up into a cylinder; cut crosswise into ½-inch wide ribbons



5. Finish & serve

In a small bowl, stir to combine all of the gochugaru flakes, mayo, and 1 tablespoon water.

Fluff **rice** with a fork and stir in **remaining ponzu sauce**. Cut **nori** into thin strips using kitchen shears, if desired.

Serve ponzu rice topped with shrimp, eggs, edamame, nori, and pickled radishes.

Drizzle spicy mayo over top. Enjoy!



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