

# MARLEY SPOON



## Cod Cakes with Homemade Remoulade

& Herbed Salad



40-50min



2 Servings

Move over crab cakes—it's cod's time to shine! Protein rich cod combines with a sweet, textured mixture of mayo, mustard, panko, and lemon zest to bind it all together. Dip each savory bite of cod cake in a creamy remoulade with chopped pickles, shallot, and capers for briny zip. A simple vinaigrette tops crunchy romaine leaves for a refreshing salad to complement the flavor-packed cod cakes.



## What we send

- 10 oz pkg cod filets <sup>3</sup>
- 1 shallot
- 1 oz capers
- 3¼ oz dill pickles
- ¼ oz fresh dill
- 1 lemon
- 1 romaine heart
- 1 oz panko <sup>4</sup>
- 3 (¼ oz) Dijon mustard
- 2 oz mayonnaise <sup>1,5</sup>

## What you need

- sugar
- olive oil
- kosher salt & ground pepper
- 1 large egg yolk <sup>1</sup>
- unsalted butter <sup>2</sup>

## Tools

- microwave
- microplane or grater
- medium nonstick skillet

### Allergens

Egg (1), Milk (2), Fish (3), Wheat (4), Soy (5). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

### Nutrition per serving

Calories 790kcal, Fat 61g, Carbs 26g, Protein 32g



### 1. Cook cod

Pat **cod** dry. Place on a microwave-safe plate; cover with plastic wrap. Microwave until cod is barely opaque and just able to flake, 1-3 minutes (check every 15 seconds after 1 minute as microwaves vary). Refrigerate while prepping remaining ingredients.



### 4. Make remoulade

In a small bowl, combine **mayonnaise** and **remaining mustard**; transfer **1 tablespoon** to a large bowl and set aside.

Gradually whisk **2 tablespoons oil** into remaining mixture. Stir in **pickles, 1 tablespoon each of shallot and capers, and 1 teaspoon each of lemon juice and dill**; set aside.



### 2. Prep ingredients

Finely chop **shallot, capers, half of the pickles** (save rest for own use), and **dill fronds and tender stems**, keeping ingredients separate.

Finely grate **zest of ½ the lemon**; squeeze **1 tablespoon plus 1 teaspoon lemon juice**. Cut remaining lemon into wedges. Separate **lettuce leaves**, tearing any large leaves in half.



### 5. Make cod cakes

Into large bowl with **reserved mayo-mustard mixture**, add **panko, lemon zest, 1 large egg yolk, and remaining shallot, capers, and dill**.

Flake **cod** in large pieces into bowl; season to taste with **salt and pepper**. Gently mix until combined, keeping cod in relatively large flakes. Using wet hands, divide mixture into 4 (¾-inch) thick cakes.



### 3. Make vinaigrette

In a small bowl, whisk together **half of the mustard, 1 tablespoon each of shallot and lemon juice, and 1 teaspoon each of dill and sugar**.

Gradually whisk in **3 tablespoons oil**; season to taste with **salt and pepper**.



### 6. Cook & serve

In a medium nonstick skillet, heat **1 tablespoon each of oil and butter** over medium heat. Add **cod cakes** and cook until golden-brown, 3-4 minutes per side; transfer to a plate. In a large bowl, toss **lettuce** with **vinaigrette**; season to taste with **salt and pepper**.

Serve **cod cakes** with **tartar sauce, lemon wedges, and salad**. Enjoy!