

MARLEY SPOON



Oven-Baked Paprika Trout & Potatoes

with Broccoli & Horseradish-Dill Sauce

 45min  2 Servings

Smoked paprika is one of our favorite spices. It adds layers of flavor without adding heat. For this comforting dish, we roast thinly sliced potatoes until just browned, then top them with smokey paprika-rubbed trout. A bright horseradish sauce keeps the fish moist and fresh dill adds a lively herbal note. We serve roasted broccoli alongside and don't worry— there is more cream sauce to drizzle on top!

What we send

- 1 yellow onion
- 2 Yukon gold potatoes
- ¼ oz fresh dill
- ½ lb broccoli
- 10 oz pkg steelhead trout filets ⁴
- ¼ oz smoked paprika
- 2 (1 oz) sour cream ⁷
- 1 oz horseradish ^{6,17}

What you need

- olive oil
- butter ⁷
- kosher salt & ground pepper
- sugar

Tools

- medium (1½ qt) baking dish
- rimmed baking sheet
- microwave

Cooking tip

Using a mandoline instead of slicing the potatoes by hand is faster, and produces thin, even rounds.

Allergens

Fish (4), Soy (6), Milk (7), Sulphites (17). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 630kcal, Fat 27g, Carbs 62g, Protein 39g



1. Prep ingredients

Preheat oven to 450°F with racks in the upper third and center. Grease a medium baking dish. Halve and thinly slice **half of the onion**. Scrub and thinly slice **potatoes** into ¼-inch thick rounds (or thinner). Pick **dill fronds**; discard stems. Finely chop half of the dill. Cut **broccoli** into 1-inch florets; toss on a rimmed baking sheet with **salt, pepper, and 1 tablespoon oil**.



4. Cook broccoli

Switch oven to broiler.

Transfer **broccoli** to center oven rack (residual oven heat will cook broccoli). Broil **potatoes** on upper oven rack until beginning to brown, about 5 minutes (watch closely as broilers vary).



2. Cook potatoes

In a medium microwave-safe bowl, microwave **2 tablespoons butter** until melted. Add **potatoes** and **¾ teaspoon salt** and toss to coat. Season with **pepper**. Shingle potatoes in even layers in prepared baking dish. Pour **⅓ cup water** over potatoes. Bake, uncovered, on upper oven rack until potatoes are tender, 20-25 minutes.



5. Broil trout

Sprinkle **onions** over **potatoes**. Add **trout** over potatoes and onions, skin side down. Broil until **broccoli** is browned in spots and trout is cooked through, 5-7 minutes.



3. Prep trout & make sauce

Pat **trout** dry and brush with **oil**. Sprinkle with **2 teaspoons paprika**; season all over with **salt** and **pepper**. In a small bowl, combine **chopped dill, all of the sour cream, 2 teaspoons water, 1½ teaspoons horseradish, ¼ teaspoon each of salt and sugar, and a grinds of pepper**. Brush each trout fillet, flesh side only, with **1½ teaspoons sauce** (reserve remaining sauce).



6. Finish & serve

Serve **trout** and **potatoes** with **broccoli** alongside. Drizzle **trout** and **potatoes** with **remaining horseradish sauce** and sprinkle with **remaining whole dill fronds**. Enjoy!