MARLEY SPOON



Grilled Salmon & Spiced Citrus Butter

with Charred Corn Salad





If you don't have a grill or grill pan, preheat the broiler with a rack in the top position. Add corn to a baking sheet and broil, 5-10 minutes. Add scallions to the sheet for the last 1-2 minutes. Heat 1 tablespoon of oil in a skillet over medium-high. Add the salmon skin-side up and cook until the skin is crispy and salmon is medium, 3-4 minutes per side.

What we send

- garlic
- 1 orange
- 1 pkt crushed red pepper
- 2 scallions
- ¼ oz fresh mint
- 10 oz pkg salmon filets ²
- 2 ears of corn

What you need

- butter ¹
- kosher salt & ground pepper
- neutral oil
- white wine vinegar (or apple cider vinegar)

Tools

- · grill or grill pan
- box grater or microplane

Allergens

Milk (1), Fish (2). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 590kcal, Fat 40g, Carbs 28g, Protein 34g



1. Prep citrus butter

Preheat grill to high, if using. Take 2 tablespoons butter out to soften. Finely chop ½ teaspoon garlic. Into a small bowl, finely grate ½ teaspoon orange zest and squeeze 2 teaspoons orange iuice.



To the small bowl with orange zest and juice, add softened butter, garlic, and a pinch of the crushed red pepper flakes; mash with a fork to combine. Season with a pinch each of salt and pepper.



3. Prep ingredients

Trim scallions. Pick mint leaves from stems, discarding stems. Pat salmon dry, then lightly rub with oil and season all over with ½ teaspoon salt and a few grinds of pepper.



4. Char corn & scallions

Lightly **oil** a grill pan and preheat over high, if using. Rub **corn** and **scallions** with **oil**, then season with **a pinch each of salt and pepper**. Add corn and scallions to grill or grill pan. Cover and cook scallions until lightly charred, about 3 minutes, and corn until lightly charred all over and tender, 10-12 minutes. Transfer to a cutting board.



5. Cook salmon

Add **salmon** to grill or grill pan, skin-side down. Press down lightly on each fillet for 10 seconds. Cook until skin is charred and crisp in spots, about 4 minutes. Flip and cook, about 1 minute more. Transfer to a plate. Top grilled salmon with **half of the citrus butter**.



6. Finish & serve

In a medium bowl, whisk 1 tablespoon oil with 2 teaspoons vinegar. Cut corn kernels from cobs, chop scallions, and tear mint leaves, and stir into the bowl with dressing. Season to taste with salt and pepper. Top salmon with remaining citrus butter and serve salad alongside. Enjoy!