# MARLEY SPOON



# **Buffalo Shrimp Bowl with Jumbo Shrimp!**

Crunchy Salad & Creamy Ranch



20-30min 2 Servings

We've cracked the code to enjoying all that Buffalo wing flavor in a simple, refreshing dinner that comes together in less than 30 minutes. We're tossing shrimp in a spicy sauce that gets offset with a cooling and crunchy salad, inspired by a side of carrot sticks and creamy dressing. The added bonus is you won't need ten napkins to stay clean!

#### What we send

- garlic
- 1 plum tomato
- 3 oz carrots
- 1 romaine heart
- 2 scallions
- 10 oz pkg jumbo shrimp <sup>3</sup>
- 1 oz Buffalo sauce
- 1 pkt ranch dressing 1,2

# What you need

- · olive oil
- white wine vinegar (or apple cider vinegar)
- sugar
- kosher salt & ground pepper
- butter <sup>2</sup>

#### **Tools**

- · vegetable peeler
- · medium skillet

#### **Allergens**

Egg (1), Milk (2), Shellfish (3). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **Nutrition per serving**

Calories 420kcal, Fat 31g, Carbs 14g, Protein 26g



#### 1. Marinate tomatoes

Finely chop ½ teaspoon garlic. Core tomato, then cut into ½-inch pieces. In a medium bowl, combine garlic, 1 teaspoon each of oil and vinegar, and a pinch of sugar, whisking until sugar dissolves. Add tomatoes and toss to coat. Season to taste with salt and pepper. Set aside to marinate until ready to serve.



### 2. Prep vegetables for salad

Peel and trim **carrot**. Use a vegetable peeler to peel carrot into long ribbons. Halve **romaine** lengthwise, then cut crosswise into 1-inch pieces, discarding stem end. Trim **scallions**, then thinly slice.



## 3. Season shrimp

Pat **shrimp** dry, then season all over with **salt** and **pepper**. Cut **2 tablespoons butter** into small pieces; reserve for step 5.



# 4. Cook shrimp

Heat **2 teaspoons oil** in a medium skillet over high. Add **shrimp** and cook until just curled and pink, 2-4 minutes. Remove skillet from heat.



5. Toss in Buffalo sauce

Add **half of the Buffalo sauce** (or more depending on heat preference) and **reserved butter pieces** to skillet with **shrimp**. Toss to coat shrimp in sauce until **butter** is melted. Season to taste with **salt** and **pepper**.



6. Make salad & serve

In a medium bowl, stir to combine ranch dressing and 1 teaspoon each of vinegar and oil. Add romaine, carrots, and scallions, tossing to coat in dressing. Season salad to taste with salt and pepper. Serve salad topped with shrimp and Buffalo sauce and the marinated tomatoes and their juices. Enjoy!