



# **Thai-Style Coconut Curry Meatballs**

with Rice Noodles

30-40min 2 Servings

We love the aromatic flavors and freshness of Thai food. We channel those flavors into tender grass-fed beef meatballs seasoned with fresh garlic, ginger, and lime zest. The meatballs simmer in a creamy red curry-coconut broth along with crisp snow peas. Rice noodles have a subtle flavor and a tender chew that's perfect for brothy meals like this as they soak up the warming curry.

#### What we send

- 1 oz fresh ginger
- garlic
- 1 lime
- 2 oz snow peas
- 1 medium yellow onion
- 10 oz pkg grass-fed ground beef
- ¾ oz pkt coconut milk powder <sup>7,15</sup>
- 5 oz pad Thai noodles
- ¼ oz fresh cilantro
- 1.8 oz red curry sauce <sup>6</sup>

### What you need

- kosher salt & ground pepper
- sugar
- neutral oil

## Tools

- large saucepan
- microplane or grater
- medium skillet

#### Allergens

Soy (6), Milk (7), Tree Nuts (15). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### Nutrition per serving

Calories 800kcal, Fat 35g, Carbs 84g, Proteins 38g



**1. Prep ingredients** 

Bring a large saucepan of **salted water** to a boil. Finely chop **1 tablespoon each of peeled ginger and garlic**. Finely grate **1 teaspoon lime zest**, then squeeze **2 teaspoons lime juice** into a small bowl, keeping them separate. Cut any remaining lime into wedges. Halve and thinly slice **all of the onion**. Halve **snow peas** crosswise.



2. Make meatballs

In a medium bowl, combine **beef**, **chopped ginger and garlic, lime zest**, and **1 teaspoon each of sugar and salt** Knead until just combined (do not over mix). Form into 8 equal-sized meatballs. In liquid measuring cup, whisk to combine **all of the coconut milk powder** with **1 cup hot tap water**.



3. Brown meatballs

Heat **1 tablespoon oil** in medium skillet over medium-high. Add **meatballs** and cook, turning as needed, until browned all over, 5-7 minutes (meatballs will not be cooked through). Transfer to plate and drain all but **1 tablespoon oil** from skillet; reserve skillet with oil for step 4.



4. Cook noodles, build curry

Meanwhile, add **noodles** to boiling water and cook, stirring occasionally to prevent sticking, until al dente, 6-8 minutes. Drain noodles, rinse under cold water, then toss with **1 teaspoon oil**.

# Coarsely chop **cilantro leaves and tender stems**.

Add **onions** to reserved skillet; cook over medium-high heat, stirring, until softened, 3-5 minutes.



5. Finish curry

Stir **Thai red curry sauce** into skillet with onions; cook until fragrant, 30 seconds. Add **coconut milk**; bring to a simmer. Add **snow peas** and **meatballs**. Cover and cook until meatballs are cooked through and peas are tender, 3-5 minutes. Stir in **lime juice** and <sup>1</sup>/<sub>2</sub> **teaspoon sugar**. Season to taste with **salt** and **pepper**.



6. Assemble & serve

Place **noodles** in bowls and top with **meatballs**, **sauce**, and **veggies**. Serve **meatballs and curry** topped with **cilantro**, and with **any remaining lime wedges** on the side for squeezing over top, if desired. Enjoy!