



20-Min: Italian Wedding Soup

with Ready-to-Heat Meatballs, Orzo & Basil



ca. 20min



2 Servings

This classic soup gets its name from the Italian phrase "minestra maritata," which means "married soup," a reference to the union of flavors. For this 20-minute meal, we're eloping! We found a way to achieve a ton of flavor in no time, thanks to ready-to-heat beef meatballs—no rolling required! The meatballs simmer with spinach, aromatics, and orzo in broth. The result is a no-fuss, one-pot soup that ticks all the boxes.

What we send

- garlic
- 1 carrot
- 4 oz snap peas
- ½ lb pkg ready to heat beef meatballs ^{1,3,7}
- 1 pkt turkey broth concentrate
- 3 oz orzo ¹
- 3 oz baby spinach
- ¾ oz Parmesan ⁷
- ¼ oz fresh basil

What you need

- olive oil
- kosher salt & ground pepper

Tools

- medium pot
- microplane or grater

Allergens

Wheat (1), Egg (3), Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 600kcal, Fat 31g, Carbs 51g, Proteins 33g



1. Prep ingredients

Finely chop **1 teaspoon garlic**. Scrub **carrot**, halve lengthwise, and cut into ½-inch half-moons. Thinly slice **snap peas** lengthwise.



2. Brown meatballs

Heat **1 tablespoon oil** in a medium pot over medium-high. Add **meatballs** and **carrots**. Cook, stirring occasionally, until meatballs are browned and carrots are tender, 3-5 minutes. Add **garlic** and cook, stirring, until fragrant, about 1 minute.



3. Start soup

To pot with **carrots and meatballs**, stir in **broth concentrate** and **3 cups water**, scraping up any browned bits from bottom of pot. Bring to a boil.



4. Cook orzo

Stir **orzo** into **soup**. Cover and reduce heat to a simmer. Cook until orzo is tender, 8-10 minutes.



5. Add spinach & snap peas

Uncover pot, then stir in **spinach** and **snap peas**. Cook until spinach is wilted and snap peas are crisp-tender, about 2 minutes. Season **soup** to taste with **salt** and **pepper**.



6. Finish & serve

Finely grate **Parmesan**. Pick **basil leaves** from stems; discard stems. Spoon **soup** into bowls and tear **basil leaves** over top. Garnish **soup** with **Parmesan** just before serving. Enjoy!