# MARLEY SPOON



## 20-Min: Beef Bibimbap with Shiitake **Mushrooms**

& a Fried Egg on top



Is it possible to get dinner on the table in 20 minutes without sacrificing flavor? Yes! The trick to a speedy weeknight meal is working smarter not harder. Here we put pre-cooked rice and quick-cooking shaved steak to work. Flavor-packed ingredients like gochujang, a spicy Korean red chili paste, umami-rich shiitake mushrooms, spinach, and sesame seeds add layers of complexity to this seemingly simple bowl.

## What we send

- garlic
- ½ lb shaved steak <sup>2</sup>
- ½ oz tamari <sup>2</sup>
- 1 oz gochujang<sup>2</sup>
- · 4 oz shiitake mushrooms
- 3 oz baby spinach
- ¼ oz pkt toasted sesame seeds <sup>3</sup>
- 10 oz ready-to-heat jasmine rice

## What you need

- sugar
- apple cider vinegar (or white wine vinegar)
- neutral oil
- kosher salt & ground pepper
- 2 large eggs <sup>1</sup>

## **Tools**

medium nonstick skillet

#### **Allergens**

Egg (1), Soy (2), Sesame (3). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **Nutrition per serving**

Calories 780kcal, Fat 40g, Carbs 76g, Protein 30g



### 1. Marinate shaved steak

Finely chop 1 teaspoon garlic. In a medium bowl, stir to combine shaved steak, 2 teaspoons tamari, 1 teaspoon each of sugar, vinegar, and oil, and ½ teaspoon each of the garlic and gochujang. Set aside to marinate at room temperature until step 4.



## 2. Prep ingredients

Remove and discard stems from mushrooms, then thinly slice caps. In a small bowl, stir to combine remaining gochujang and tamari, 1 tablespoon water, and 2 teaspoons sugar. Set gochujang sauce aside until step 4.



## 3. Sauté spinach & mushrooms

Heat 1 tablespoon oil in a medium nonstick skillet over high. Add mushrooms and cook, stirring occasionally, until browned and tender, 2-3 minutes. Season with salt and pepper. Add spinach and remaining garlic; cook, stirring, until spinach is wilted, about 1 minute. Stir in half of the sesame seeds. Transfer to a bowl and cover to keep warm until ready to serve.



#### 4. Cook shaved steak

Heat **2 teaspoons oil** in same skillet over high. Add **shaved steak and any marinade**. Cook, breaking meat up into large 2-inch pieces, stirring occasionally, until liquid is evaporated and beef is browned and cooked through, about 6 minutes. Stir in **1 tablespoon of the gochujang sauce** (save rest for step 6). Transfer shaved steak to a bowl. Wipe out skillet and reserve for step 6.



5. Warm rice

Transfer **rice** to a microwave-safe bowl and season with **salt.** Cover and microwave on high until warm, 1-2 minutes. (Alternatively, bring a small pot of **salted water** to a boil. Add rice and cook until hot, about 2 minutes. Drain well.) Fluff **rice** with a fork and cover to keep warm.



6. Fry eggs & serve

Heat **2 tablespoons oil** in reserved skillet over high. Crack in **2 large eggs**; season with **salt** and **pepper**. Cook until edges begin to brown, about 1 minute. Cover and cook until whites are set but yolks are still runny. Serve **rice** in bowls topped with **shaved steak**, **spinach and mushrooms**, and **eggs**. Garnish with **remaining gochujang sauce** and **sesame seeds**. Enjoy!