DINNERLY



Honeyracha Chicken

with Broccoli & Rice





Sweet and spicy is one of our fave flavor combos, but instead of making a sauce yourself, what if you had it ready to go? Put the whisk down, because Honeyracha is about to rock your kitchen routine. Pan-fried chicken gets a quick toss in this easy, one-of-a-kind sauce along with sliced scallions and sesame seeds. Pair it with steamed broccoli and rice, then marvel at all the free time you have left. We've got you covered!

WHAT WE SEND

- 5 oz pkg jasmine rice
- ½ lb broccoli
- garlic
- ½ lb pkg chicken breast strips
- 1 oz scallions
- 2 (1 oz) pkts Honeyracha sauce
- ¼ oz pkt mixed sesame seeds ²

WHAT YOU NEED

- kosher salt & ground pepper
- neutral oil
- · all-purpose flour 1

TOOLS

- · small saucepan
- medium nonstick skillet

ALLERGENS

Wheat (1), Sesame (2). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 650kcal, Fat 22g, Carbs 86g, Protein 36g



1. Parboil rice

In a small saucepan, combine **rice**, 1½ **cups** water, and ½ **teaspoon salt**; bring to a boil over high heat. Reduce heat to low, cover, and cook for 12 minutes (rice won't be fully cooked).



2. Prep ingredients

While **rice** parboils, trim stem end from **broccoli**; cut crowns into 1-inch florets. Finely chop **1 teaspoon garlic**. Directly on cutting board, toss broccoli with chopped garlic and **1 teaspoon oil**; season with **salt** and **pepper**.

In a medium bowl, add **2 tablespoons each** of flour and water and **1 teaspoon salt**; stir until smooth. Add **chicken** and stir to coat.



3. Add broccoli

Once **rice** has cooked for 12 minutes, place **broccoli** and **garlic** on top of rice. Cover and cook over low heat until rice is tender, water is absorbed, and broccoli is tender and bright green, 5 minutes more. Keep covered off heat until ready to serve.



4. Fry chicken

Heat %-inch oil in a medium nonstick skillet over medium-high until shimmering. Working in batches if necessary, add chicken in a single layer (it should sizzle vigorously); cook, turning once, until golden and crisp, 3–4 minutes per side (be careful as oil may splatter). Use a slotted spoon to transfer to a paper towel-lined bowl to drain. Season with salt



5. Finish & serve

Trim ends from scallions, then thinly slice.
To bowl with chicken, add scallions,
Honeyracha, and 1 teaspoon sesame
seeds; toss well to coat. Remove garlic
broccoli from rice. Fluff rice with a fork.

Serve Honeyracha chicken and broccoli over rice with remaining sesame seeds sprinkled over top. Enjoy!



6. Eat your veggies!

Want to bulk up this meal with more veggies? Cut a bell pepper into 1-inch pieces and toss it onto the rice along with the broccoli in step 3.