



20-Min: Carne Asada Taco Salad

with Guacamole & Sour Cream



under 20min



2 Servings

Let's taco about this dinner-worthy salad; it's a 20-minute recipe that is simple to prepare AND delicious. Grass-fed beef is coated in our chorizo chili spice blend, then quickly seared. It becomes the perfect topping for crisp romaine lettuce with tomatoes, dollops of guacamole, sour cream, and crunchy corn tortilla strips.

What we send

- garlic
- 10 oz pkg grass-fed ground beef
- ¼ oz chorizo chili spice
- 6 (6-inch) corn tortillas
- 1 oz scallions
- 1 romaine heart
- 1 pkg grape tomatoes
- 1 oz sour cream ⁷
- 2 oz guacamole

What you need

- all-purpose flour ¹
- olive oil
- kosher salt & ground pepper
- apple cider vinegar (or red wine vinegar)

Tools

- rimmed baking sheet
- medium skillet

Allergens

Wheat (1), Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 850kcal, Fat 61g, Carbs 45g, Proteins 34g



1. Marinate beef

Preheat oven to 400°F with a rack in the center. Finely chop **1 teaspoon garlic**. In a medium bowl, combine **ground beef**, **1 teaspoon flour**, **¾ teaspoon chorizo chili spice**, and **½ teaspoon of the chopped garlic**. Set aside to marinate at room temperature until step 5.



2. Bake tortilla strips

Stack **4 tortillas** (save rest for own use), then thinly slice. On a rimmed baking sheet, toss tortilla strips with **1½ tablespoons oil** and season with **salt** and **pepper**. Bake on center oven rack until crisp and browned in spots, 5–6 minutes (watch closely as ovens vary and tortilla strips can go from golden to dark brown quickly).



3. Prep salad

Meanwhile, trim **scallions**, then thinly slice. Halve **romaine** lengthwise, then slice crosswise into 1-inch wide ribbons; discard stem end.



4. Make dressing, toss salad

In a medium bowl, stir to combine **remaining chopped garlic**, **half of the scallions**, **2 tablespoons oil**, and **1 tablespoon vinegar**. Season to taste with **salt** and **pepper**. Halve **half of the grape tomatoes** (save rest for own use). Add **romaine** and tomatoes to bowl with **dressing**; toss to coat.



5. Cook beef

Heat **1 tablespoon oil** in a medium skillet over high. Add **ground beef and marinade**. Cook, breaking meat up into large pieces, stirring occasionally, until liquid is evaporated and beef is browned and cooked through, about 6 minutes. Remove from heat. Season to taste with **salt** and **pepper**.



6. Finish salad & serve

In a small bowl, slightly thin **sour cream** by stirring in **1 teaspoon water** at a time, as needed. Season to taste with **salt** and **pepper**. Add **half of the tortilla strips** to **salad**; toss to combine. Serve **salad** topped with **beef** and **guacamole**. Drizzle with **sour cream**, then sprinkle **remaining scallions and tortilla strips** over top. Enjoy!