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Butter Basted Ranch Steak

with Parmesan Roasted Vegetables & Herb Aioli





20-30min 2 Servings

Butter basting is a simple technique that will make you a hero in the kitchen. Here, we start with steaks searing in a hot skillet. Just before they're done cooking, we add crushed garlic, a dollop of butter, and a splash of vinegar. The butter melts, and the combined pan juices are continuously spooned over the meat, infusing it with mouth-watering flavor.

What we send

- 1 yellow squash
- ½ lb green beans
- ¾ oz Parmesan 7
- 10 oz pkg ranch steak
- 1/4 oz steak seasoning
- garlic
- ¼ oz fresh parsley
- 2 (1 oz) mayonnaise 3,6

What you need

- olive oil
- kosher salt & ground pepper
- butter ⁷
- apple cider vinegar (or red wine vinegar)

Tools

- · microplane or grater
- · rimmed baking sheet
- medium heavy skillet (preferably cast-iron)

Allergens

Egg (3), Soy (6), Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 760kcal, Fat 63g, Carbs 14g, Protein 36g



1. Prep ingredients

Preheat oven to 450°F with a rack in the upper third. Trim ends from **squash**; cut in half crosswise, then cut each half into ½-inch strips. Trim **green beans**. Finely grate **Parmesan**. Pat **steaks** dry, then season all over with **1½ teaspoons steak seasoning**. Finely grate **¼ teaspoon garlic** into a small bowl and, separately, smash 1 large garlic clove.



2. Roast vegetables

On a rimmed baking sheet, toss **squash** and **green beans** with **1½ tablespoons oil**; season with **salt** and **pepper**. Spread out in an even layer, then sprinkle **Parmesan** all over vegetables. Roast on upper oven rack until vegetables are tender, 10-12 minutes.



3. Cook steaks

While **vegetables** roast, heat **2 teaspoons oil** in a heavy medium skillet (preferably cast-iron) over medium-high. Add **steaks** and cook until lightly charred and medium-rare, 2-3 minutes per side.



4. Make aioli

While **steaks** cook, pick and finely chop **parsley leaves**, discarding stems. To the small bowl with **grated garlic**, add **mayonnaise** and **1 teaspoon of the chopped parsley**; stir to combine.

Season to taste with **salt** and **pepper**.



5. Baste steaks

Add smashed garlic, 2 tablespoons butter, and 1 tablespoon vinegar to skillet with steaks and stir until melted. Tilt skillet toward you so butter pools at the edge. Using a large spoon, baste the steaks continually with butter until they turn deep golden brown, about 1 minute more. Transfer steaks to a cutting board to rest.



6. Finish vegetables & serve

Switch oven to broil and broil **vegetables** until browned in spots, 1-2 minutes (watch closely as broilers vary). Thinly slice **steaks**, if desired, and drizzle all over with **pan drippings**. Serve steaks alongside **Parmesan vegetables** with **aioli** on the side for dipping. Garnish with **remaining parsley**. Enjoy!